

Log InTM

SAMPLE REPORTS

VERSION 5



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Activity Master List for Log In - All

Lists activities which members select when logging out.

Activity Master List for Log In - By Course

List of activities displayed on the Log In screen for each course.

Aerobic Activities Master List

Lists aerobic activities tracked by the software

Bar Code Labels

Member ID Numbers printed as Bar Codes on standard 3 column by 10 row mailing labels.

Categories Master List

Lists categories (description, code, level) that your site uses to group participants.

Course Roster

Alphabetical list of participants in each course with Name and ID. Prints a separate page for each course.

Course Roster with Visit Totals

Alphabetical list of participants in each course with full name, ID, current visits and time to-date for the course. Prints a separate page for each course.

Course Visit Rules

Lists the Log In visit rules for each course in order by course/section.

Final Grades Export

Export of final grades - comma-separated, double-quote delimited fields.
Contains - ID, last name, first name, course, section, grade.

Final Grades by Term

Lists all participants in each term with full name, ID, current visits, time to-date, and final grade. Prints a separate page for each term. The participants ID and full name are included

Final Grades by Term - Grade Visits

Lists all participants in each term with full name, ID, current visits, time to-date, and final grade. Grades are calculated by Grade Visits. Prints a separate page for each term. The participants ID and full name are included.

Final Grades/Course Lists/Full ID

Lists all participants in each course with full name, ID, current visits, time to-date, and final grade. Prints a separate page for each course. The participants ID and full name are included.

Final Grades/Course Lists/Full ID - Grade Visits

Lists all participants in each course with full name, ID, current visits, time to-date, and final grade. Grades are calculated by Grade Visits. Prints a separate page for each course. The participants ID and full name are included.

Final Grades/Course Lists/Short ID

Lists all participants in each course with a short ID, current visits, time to-date, and final grade. Prints a separate page for each course. Participant IDs are shown as last 4 digits of ID with initials. This report can be posted publicly.

Final Grades/Course Lists/Short ID - Grade Visits

Lists all participants in each course with short ID, current visits, time to-date, and final grade. Grades are based on Grade Visits. Prints a separate page for each course. Participant IDs are shown as last 4 digits of ID with initials. This report can be posted publicly.

Fitness Profile

Contains the participant fitness profile with:

- Introductory letter
- Assessment of fitness test items from most recent fitness test
- Participant's mailing address aligned for lower-left-windowed envelopes

Does not contain a personalized introductory workout program.

Fitness Profile with Workout Program

Contains the participant's fitness profile with:

- Introductory letter
- Assessment of fitness test items from most recent fitness test
- Personalized introductory workout program
- Participant's mailing address aligned for lower-left-windowed envelopes

Fitness Test Comparison - Group

Item by item comparison of the average fitness test results from test to test for a group of participants.

Fitness Test Comparison - Individual

A comparison of the scores for each test item from each test a person has taken to-date.

Fitness Test Date - Participants' Last Test Date

Lists the date of the most recent fitness test for each participant within two dates. When the report is requested, you are asked to enter the start and end date of a range of dates. The date printed on this report is the most recent test date for each participant tested between those two dates. Does not list participants who do not have a test date.

Fitness Tests & Exercises Master List by Fitness Component

Lists all fitness measurements, fitness tests and exercises for which the software can record scores. Items are grouped together by Fitness Component

- 1) Anatomical Measurements
- 2) Body Composition
- 3) Flexibility
- 4) Muscular Endurance
- 5) Muscular Strength

Fitness Tests & Exercises Master List by Name

Lists in alphabetical order the fitness tests and exercises contained in the Red Canyon System Master List.
Use as a checklist during set up to check off tests and exercises that your center provides.

Fitness Tests & Exercises Site List by Fitness Component

Lists the fitness tests, measurements and exercises selected for your site.

Goals Master List

Master list of goals from which you select those for your site

Lab/Courses/Workstations Summary

Lists all courses offered within each lab by workstation.

Mailing Labels

Prints names and addresses on a standard 3 X 10 mailing label sheet. Names and addresses can be printed in order by Name or Zip Code.

Membership Codes Master List

Lists site membership types.

Norm Tables Available

Lists each fitness test that can be assessed by the software and the norm tables that can be used for each.

Participant Addresses

Lists participant name, address, city, state and zip code.
Can be sorted by participant name, city or zip code.

Participant Categories, Status

Lists participant name, ID, status and categories. The report can be sorted by any of the listed items.

Participant Data Summary

One page per participant - Current Biographical and Fitness Test Data
Name - ID - Address - Phone - Emergency Contact Info - Categories - Fitness Test Results

Participant Demographic Analysis - Ages, Visits, Tests

Membership break-down:
Sex and Age
Center Visits and time by Sex
Tests Taken To-Date by Sex

Participant Emergency Contact Information

Lists participant name along with the name, relationship and phone number of the participant's emergency contact.

Participant Enroll Date, Sex, Birthdate, Age

Lists one line for each person with Name, ID, Enroll date, Sex, Birthdate and Age. The report can be listed in order by any of the fields. If you select to order by age, sort order is descending with the oldest first.

Participant Membership Types and Expiration Dates

Lists participant name, membership type, membership start date and expiration dates.

Participant Phone List

Names and phone numbers of all participants in name order.

Participants in Center

Lists all participants who are logged in at the facility.

These are participants who have logged in and have not yet logged out today. It is possible that some of the participants on this list have left the center without logging out.

Participants with Risks by Participant

Lists each participant with their risk items

Participants with Risks by Risk Item

Lists participants with risks grouped by risk item.

Positive Attendance Report

Report used by California Community Colleges for reporting student attendance in lab situations.

Report Filter List

Lists names of report filters.

Reports Master List - Titles Only

Lists titles of reports.

Reports Master List with Detailed Description

Lists available reports with the title and a brief description of each report.

Print this report and file it for future reference.

Risks Master List

Master list of risks from which you select those for your site

Visit Activity Log - By Activity Type

Lists visit date, time and type of activity grouped by activity type.

Visit Activity Log - By Date

Lists visit date, time, and type of activity grouped by date.

Visit Activity Log - By Participant

Lists visit date, time, and type of activity grouped by participant.

Visit Activity Totals - By Course

Total count of each activity performed by students in a course.

Visit Analysis

Breaks down visit totals by Status - Normal, Short, Long, Missing Log Out, Too Many per Day, Adjustment. Lists visit total, time total and average time per visit for each visit status type.

Visit Log by Date

Lists visits on each day between any two selected dates - in order by Log In time. Shows participant name, ID, log in and log out time.

Visit Log by Date - By Course

Lists visit records grouped together by course.

Visit Log by Date - By Lab

Lists daily visits in order by date and time within each lab.

Visit Log by Participant - All

Lists date and times of each visit by participant - grouped by participant.
The report does not start a new page for each participant.

Visit Log by Participant - Individual

Lists the date, times and course for each visit for a participant. Groups the visits in order by participant.
This report prints a separate page for each participant.

Visit Totals by Course

One line for each course with course name, section, total visits and time. Courses are listed in order, by name within term.

Visit Totals by Course - By Lab

List visit totals for each course within each lab. Can be filtered by term, lab and/or course.

Visit Totals by Date

Lists one line per date, between any two dates, showing total visits and time on each date.

Visit Totals by Date - By Lab

Lists visit totals broken down by lab.

Visit Totals by Hour by Date

Lists the number of entries and exits to the facility on an hourly basis for all days between any two dates.

Visit Totals by Participant - Full ID

Lists a line for each participant with overall visit totals.

Visit Totals by Participant by Course

Lists one line per participant per course with ID, name and, visit totals.

Visits with Missing Log Outs - All Participants

Lists all visits between any two dates for which the participant failed to log out.

All participants are printed together in this report.

Visits with Missing Log Outs - Participant

Lists all visits with missing log out times for each participant.

Each page contains one participant's missing log out visits between any two selected dates. The participant's mailing address is also printed in the bottom left corner of the report for insertion in a windowed envelope.

Workout Program Contents

Lists a detailed reference of each available workout program.

- Workout Program Name
- Stations and Exercise Names of each exercise
- % of participant's max lift weight
- Repetitions
- Remarks about the workout
- Training heart rate range

Workout Program Names - Site List

Lists names of all workout programs that have been defined for your site and that can be printed for participants.

Workout Program by Participant

Lists the exercises, recommended workout weights, reps and training heart rate range for a specific workout program for a specific participant.

Zip Code Master List

Lists City, State and Zip Code of all zip codes in your master list - can be sorted by city or zip code.

Description	Activity Status
Meeting with Instructor	Active
Test 1 - Orbital Mechanics	Active
Test 2 - Event Horizons	Active
Test 3 - Planetary Origins	Active
Test 4 - String Theory	Active
Paper 1 - Outline	Active
Paper 1 - Rough Draft	Active
Paper 1 - Final Draft	Active
Video - Basic Grammar	Active
CD-ROM - Pronunciation	Active
Tutoring - ESL	Active
General Tutoring	Active
Magnified Monitor	Active
Special Keyboard	Active
CD ROM - Sentence Construction	Active
Mock Interview	Active
Resume Software	Active
Resume Review	Active
Note Taking	Active
Speed Reading	Active
General Use	Active
Research	Active
Internet	Active
Career Development	Active
Skills Testing	Active
Paper Writing	Active
Orientation	Active
Free Weight Workout	Active
Treadmill	Active
Test	Active
Seminar	Active
Assessment	Active
Aeorbic Workout	Active
Weight Machine Workout	Active

Activity Master List for Log In - By Course

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Course	Activity
ASC 101	Resume Review Resume Software Mock Interview
ASC 102	Meeting with Instructor General Tutoring Note Taking Speed Reading
Astr 101	Test 1 - Orbital Mechanics Test 2 - Event Horizons Test 4 - String Theory General Tutoring
Bio 101	General Tutoring Meeting with Instructor
CA 101	General Tutoring Meeting with Instructor
CC Use	General Use Internet Research Paper Writing
ESL 100	Tutoring - ESL Video - Basic Grammar CD ROM - Sentence Construction CD-ROM - Pronunciation General Tutoring Special Keyboard Magnified Monitor
Eng 101	Paper 1 - Outline Paper 1 - Rough Draft Paper 1 - Final Draft General Tutoring
HPR 101	Aerobic Workout Assessment Free Weights Seminar Treadmill Weight Machine Workout Orientation

Connors, Debbie
987-98-7987

Creest, Preston
666-77-7111

Davis, Angela
345-34-5345

Edwards, Frank
543-54-3543

Franklin, Joe
989-98-9898

Frederick, Tony
123-41-2341

Gunderson, Olaf
123-45-6789

Hammer, Anita
788-17-2718

Hannah, Miriam
234-56-7890

Ivnik, Ted
999-88-8777

Jackson, Anne
222-22-2222

Jackson, Edward
789-78-9789

Jansen, David
777-77-7777

Johnson, Martin
234-23-4234

Killian, Red
988-98-8988

Linden, MaryAnn
555-55-5555

Miller, Steve
888-88-8888

Murphy, Jillian
333-33-3333

Neicine, Alice
777-88-8999

O'Neil, Sean
123-12-3123

Peace, Warren
222-88-8777

Peterson, Annie
555-66-6777

Quinlan, Al
666-77-7888

Roberts, Roberta
987-76-5654

Smith, Allen
111-11-1111

Stevens, Paula
987-12-3321

Stevens, Ted
666-66-6666

Thomas, Rita
898-99-8989

Ustinov, Dan
789-45-7776

Victor, Bob
789-98-7789

Categories Master List

Code	Level	Description
Adm	2	Administrator
Ath	2	Athletes
Bsk	3	Basketball
Com	1	Community Member
Crp	1	Corporate
Emp	1	Employee
Fac	2	Faculty
Frm	2	Firemen
MsE	2	Mesa City Employees
Plc	2	Policemen
SPc	2	Special Needs
Stf	2	Staff
Stu	1	Student
Vlb	3	Volleyball

Total Categories: 14

Filter Name: Fall 2002 English 101 001

Filter Items: Term Name = Fall 2002
Course-Section = Eng 101 001

Report Summary

Crs120

Grand Totals for records selected via the above filter items:

Terms	1
Courses	1
Enrollments	22
Participants	22
Actual Time	50:10
Actual Visits	42
Awarded Time	50:10
Awarded Visits	42

Filter Name: All Records Selected - No Filtering for this Report

Report Summary

Vis261

Grand Totals for records selected via the above filter items:

**Note: Report data does not include participant enrollment records with 0 visits.*

Terms	2
Courses	10
Participants	31
Days	20
Actual Time	261:26
Actual Visits	203
Awarded Time	261:26
Awarded Visits	203

Filter Name: Filter Not Named

Filter Items: Lab Name = Academic Skills

Report Summary

Vis062

Grand Totals for records selected via the above filter items:

Lab	1
Participants	14
Days	11
Actual Time	87:33
Actual Visits	50
Awarded Time	87:33
Awarded Visits	50

Fall 2002	Eng 101 001	Rhetoric I	Instructor: Ann Jones
ID	Name		
987-98-7987	Connors, Debbie		
345-34-5345	Davis, Angela		
543-54-3543	Edwards, Frank		
123-41-2341	Frederick, Tony		
222-22-2222	Jackson, Anne		
988-98-8988	Killian, Red		
555-55-5555	Linden, MaryAnn		
333-33-3333	Murphy, Jillian		
777-88-8999	Neicine, Alice		
123-12-3123	O'Neil, Sean		
222-88-8777	Peace, Warren		
555-66-6777	Peterson, Annie		
666-77-7888	Quinlan, Al		
987-76-5654	Roberts, Roberta		
111-11-1111	Smith, Allen		
987-12-3321	Stevens, Paula		
666-66-6666	Stevens, Ted		
898-99-8989	Thomas, Rita		
789-45-7776	Ustinov, Dan		
789-98-7789	Victor, Bob		
987-65-4234	Williams, Patti		
787-99-8765	Yancy, Richard		
Totals for Course:	Eng 101 001	Total Participants :	22

Course Roster with Visit Totals

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Fall 2002		Eng 101 001		Rhetoric I		Instructor: Ann Jones		
ID	Name	---Awarded---		---Actual---		Enrollment		
		Visits	Time	Visits	Time	Status	Last Visit Date	
987-98-7987	Connors, Debbie	0	0:00	0	0:00	Active		
345-34-5345	Davis, Angela	2	2:27	2	2:27	Active	09/06/2002	
543-54-3543	Edwards, Frank	2	2:26	2	2:26	Active	09/06/2002	
123-41-2341	Frederick, Tony	1	0:10	1	0:10	Active	11/10/2002	
222-22-2222	Jackson, Anne	2	2:18	2	2:18	Active	09/06/2002	
988-98-8988	Killian, Red	2	2:16	2	2:16	Active	09/06/2002	
555-55-5555	Linden, MaryAnn	3	3:16	3	3:16	Active	11/10/2002	
333-33-3333	Murphy, Jillian	3	2:12	3	2:12	Active	11/10/2002	
777-88-8999	Neicine, Alice	2	3:13	2	3:13	Active	09/06/2002	
123-12-3123	O'Neil, Sean	3	3:45	3	3:45	Active	09/06/2002	
222-88-8777	Peace, Warren	2	3:13	2	3:13	Active	09/06/2002	
555-66-6777	Peterson, Annie	2	3:12	2	3:12	Active	09/06/2002	
666-77-7888	Quinlan, Al	0	0:00	0	0:00	Active		
987-76-5654	Roberts, Roberta	2	3:12	2	3:12	Active	09/06/2002	
111-11-1111	Smith, Allen	3	3:22	3	3:22	Active	11/10/2002	
987-12-3321	Stevens, Paula	2	2:19	2	2:19	Active	09/06/2002	
666-66-6666	Stevens, Ted	2	2:19	2	2:19	Active	09/06/2002	
898-99-8989	Thomas, Rita	1	1:20	1	1:20	Active	09/06/2002	
789-45-7776	Ustinov, Dan	2	2:18	2	2:18	Active	09/06/2002	
789-98-7789	Victor, Bob	2	2:17	2	2:17	Active	09/06/2002	
987-65-4234	Williams, Patti	2	2:18	2	2:18	Active	09/06/2002	
787-99-8765	Yancy, Richard	2	2:17	2	2:17	Active	09/06/2002	
Totals for: Eng 101 001		42	50:10	42	50:10			
Total Enrollment:		22						

Course Visit Rules

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Summer 2002

Course	Section	Start	End	Status	Min	Max	Miss	Wait	Free	MxAs	MxVs	Ovr
ASC 101	001	6/1/2002	8/15/2002	C	20	150	10	1	19	240	3	N
ASC 102	001	6/1/2002	8/15/2002	C	20	150	10	1	19	240	3	N
Eng 101	001	6/1/2002	8/15/2002	C	20	150	10	1	19	240	3	N
CA 101	001	6/1/2002	8/15/2002	C	20	150	10	1	19	240	3	N
CC Use	001	6/1/2002	8/15/2002	C	20	150	10	1	19	240	3	N

Fall 2003

Course	Section	Start	End	Status	Min	Max	Miss	Wait	Free	MxAs	MxVs	Ovr
Astr 102	001	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
CC Use	001	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
ESL 100	001	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
Eng 101	001	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
Eng 102	001	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
HPR 101	010	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
HPR 101	020	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
HPR 102	010	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
Math 090	001	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
Math 100	001	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N
Math 200	001	8/25/2003	12/19/2003	O	20	150	10	1	19	240	3	N

Fall 2002

Course	Section	Start	End	Status	Min	Max	Miss	Wait	Free	MxAs	MxVs	Ovr
ESL 100	001	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
Math 100	001	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
Eng 101	001	8/26/2002	12/13/2002	C	5	240	10	0	4	280	3	N
Math 200	001	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
Math 090	001	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
Eng 102	001	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
Astr 102	001	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
CC Use	001	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
HPR 101	010	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
HPR 101	020	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N
HPR 102	010	8/26/2002	12/13/2002	C	20	150	10	1	19	240	3	N

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ID	Last Name	First Name	Term	Course	Section	Grades	Visits	Time
987-98-7987	Connors	Debbie	Fall 2002	Eng 101	001	E	0	0
345-34-5345	Davis	Angela	Fall 2002	Eng 101	001	D	2	147
543-54-3543	Edwards	Frank	Fall 2002	Eng 101	001	D	2	146
123-41-2341	Frederick	Tony	Fall 2002	Eng 101	001	E	1	10
222-22-2222	Jackson	Anne	Fall 2002	Eng 101	001	D	2	138
988-98-8988	Killian	Red	Fall 2002	Eng 101	001	D	2	136
555-55-5555	Linden	MaryAnn	Fall 2002	Eng 101	001	C	3	196
333-33-3333	Murphy	Jillian	Fall 2002	Eng 101	001	C	3	132
777-88-8999	Neicine	Alice	Fall 2002	Eng 101	001	D	2	193
123-12-3123	O'Neil	Sean	Fall 2002	Eng 101	001	C	3	225
222-88-8777	Peace	Warren	Fall 2002	Eng 101	001	D	2	193
555-66-6777	Peterson	Annie	Fall 2002	Eng 101	001	D	2	192
666-77-7888	Quinlan	Al	Fall 2002	Eng 101	001	E	0	0
987-76-5654	Roberts	Roberta	Fall 2002	Eng 101	001	D	2	192
111-11-1111	Smith	Allen	Fall 2002	Eng 101	001	C	3	202
987-12-3321	Stevens	Paula	Fall 2002	Eng 101	001	D	2	139
666-66-6666	Stevens	Ted	Fall 2002	Eng 101	001	D	2	139
898-99-8989	Thomas	Rita	Fall 2002	Eng 101	001	E	1	80
789-45-7776	Ustinov	Dan	Fall 2002	Eng 101	001	D	2	138
789-98-7789	Victor	Bob	Fall 2002	Eng 101	001	D	2	137
987-65-4234	Williams	Patti	Fall 2002	Eng 101	001	D	2	138
787-99-8765	Yancy	Richard	Fall 2002	Eng 101	001	D	2	137

Final Grades by Term

10/17/2003

10:30 am

Fall 2002

Name	Course	Section	Grade	---Awarded---		---Actual---		Enrollment Status	Last Visit Date	ID
				Visits	Time	Visits	Time			
Connors, Debbie	Eng 101	001	E	0	0:00	0	0:00	Active		987-98-7987
Davis, Angela	Eng 101	001	D	2	2:27	2	2:27	Active	09/06/2002	345-34-5345
Edwards, Frank	Eng 101	001	D	2	2:26	2	2:26	Active	09/06/2002	543-54-3543
Frederick, Tony	Eng 101	001	E	1	0:10	1	0:10	Active	11/10/2002	123-41-2341
Jackson, Anne	Eng 101	001	D	2	2:18	2	2:18	Active	09/06/2002	222-22-2222
Killian, Red	Eng 101	001	D	2	2:16	2	2:16	Active	09/06/2002	988-98-8988
Linden, MaryAnn	Eng 101	001	C	3	3:16	3	3:16	Active	11/10/2002	555-55-5555
Murphy, Jillian	Eng 101	001	C	3	2:12	3	2:12	Active	11/10/2002	333-33-3333
Neicine, Alice	Eng 101	001	D	2	3:13	2	3:13	Active	09/06/2002	777-88-8999
O'Neil, Sean	Eng 101	001	C	3	3:45	3	3:45	Active	09/06/2002	123-12-3123
Peace, Warren	Eng 101	001	D	2	3:13	2	3:13	Active	09/06/2002	222-88-8777
Peterson, Annie	Eng 101	001	D	2	3:12	2	3:12	Active	09/06/2002	555-66-6777
Quinlan, Al	Eng 101	001	E	0	0:00	0	0:00	Active		666-77-7888
Roberts, Roberta	Eng 101	001	D	2	3:12	2	3:12	Active	09/06/2002	987-76-5654
Smith, Allen	Eng 101	001	C	3	3:22	3	3:22	Active	11/10/2002	111-11-1111
Stevens, Paula	Eng 101	001	D	2	2:19	2	2:19	Active	09/06/2002	987-12-3321
Stevens, Ted	Eng 101	001	D	2	2:19	2	2:19	Active	09/06/2002	666-66-6666
Thomas, Rita	Eng 101	001	E	1	1:20	1	1:20	Active	09/06/2002	898-99-8989
Ustinov, Dan	Eng 101	001	D	2	2:18	2	2:18	Active	09/06/2002	789-45-7776
Victor, Bob	Eng 101	001	D	2	2:17	2	2:17	Active	09/06/2002	789-98-7789
Williams, Patti	Eng 101	001	D	2	2:18	2	2:18	Active	09/06/2002	987-65-4234
Yancy, Richard	Eng 101	001	D	2	2:17	2	2:17	Active	09/06/2002	787-99-8765

Final Grades by Term - Grade Visits

10/17/2003

10:38 am

Fall 2002

Name	Course	Section	Grade	---Awarded---		---Actual---		Enrollment Status	Last Visit Date	ID
				Visits	Time	Visits	Time			
Connors, Debbie	Eng 101	001	E	0	0:00	0	0:00	Active		987-98-7987
Davis, Angela	Eng 101	001	D	2	2:27	2	2:27	Active	09/06/2002	345-34-5345
Edwards, Frank	Eng 101	001	D	2	2:26	2	2:26	Active	09/06/2002	543-54-3543
Frederick, Tony	Eng 101	001	E	1	0:10	1	0:10	Active	11/10/2002	123-41-2341
Jackson, Anne	Eng 101	001	D	2	2:18	2	2:18	Active	09/06/2002	222-22-2222
Killian, Red	Eng 101	001	D	2	2:16	2	2:16	Active	09/06/2002	988-98-8988
Linden, MaryAnn	Eng 101	001	C	3	3:16	3	3:16	Active	11/10/2002	555-55-5555
Murphy, Jillian	Eng 101	001	C	3	2:12	3	2:12	Active	11/10/2002	333-33-3333
Neicine, Alice	Eng 101	001	D	2	3:13	2	3:13	Active	09/06/2002	777-88-8999
O'Neil, Sean	Eng 101	001	C	3	3:45	3	3:45	Active	09/06/2002	123-12-3123
Peace, Warren	Eng 101	001	D	2	3:13	2	3:13	Active	09/06/2002	222-88-8777
Peterson, Annie	Eng 101	001	D	2	3:12	2	3:12	Active	09/06/2002	555-66-6777
Quinlan, Al	Eng 101	001	E	0	0:00	0	0:00	Active		666-77-7888
Roberts, Roberta	Eng 101	001	D	2	3:12	2	3:12	Active	09/06/2002	987-76-5654
Smith, Allen	Eng 101	001	C	3	3:22	3	3:22	Active	11/10/2002	111-11-1111
Stevens, Paula	Eng 101	001	D	2	2:19	2	2:19	Active	09/06/2002	987-12-3321
Stevens, Ted	Eng 101	001	D	2	2:19	2	2:19	Active	09/06/2002	666-66-6666
Thomas, Rita	Eng 101	001	E	1	1:20	1	1:20	Active	09/06/2002	898-99-8989
Ustinov, Dan	Eng 101	001	D	2	2:18	2	2:18	Active	09/06/2002	789-45-7776
Victor, Bob	Eng 101	001	D	2	2:17	2	2:17	Active	09/06/2002	789-98-7789
Williams, Patti	Eng 101	001	D	2	2:18	2	2:18	Active	09/06/2002	987-65-4234
Yancy, Richard	Eng 101	001	D	2	2:17	2	2:17	Active	09/06/2002	787-99-8765

Fall 2002

Total Time
Total Grade Visits
Total Visits

42

50:10

42

50:10

Final Grades/Course Lists/Full ID

10/17/2003 10:38 am

Fall 2002		Eng 101 001		Rhetoric I		Instructor:		Jones, Ann	
		---Awarded---		---Actual---		Enrollment			
Name	Grade	Visits	Time	Visits	Time	Status	Last Visit Date	ID	
Connors, Debbie	E	0	0:00	0	0:00	Active		987-98-7987	
Davis, Angela	D	2	2:27	2	2:27	Active	09/06/2002	345-34-5345	
Edwards, Frank	D	2	2:26	2	2:26	Active	09/06/2002	543-54-3543	
Frederick, Tony	E	1	0:10	1	0:10	Active	11/10/2002	123-41-2341	
Jackson, Anne	D	2	2:18	2	2:18	Active	09/06/2002	222-22-2222	
Killian, Red	D	2	2:16	2	2:16	Active	09/06/2002	988-98-8988	
Linden, MaryAnn	C	3	3:16	3	3:16	Active	11/10/2002	555-55-5555	
Murphy, Jillian	C	3	2:12	3	2:12	Active	11/10/2002	333-33-3333	
Neicine, Alice	D	2	3:13	2	3:13	Active	09/06/2002	777-88-8999	
O'Neil, Sean	C	3	3:45	3	3:45	Active	09/06/2002	123-12-3123	
Peace, Warren	D	2	3:13	2	3:13	Active	09/06/2002	222-88-8777	
Peterson, Annie	D	2	3:12	2	3:12	Active	09/06/2002	555-66-6777	
Quinlan, Al	E	0	0:00	0	0:00	Active		666-77-7888	
Roberts, Roberta	D	2	3:12	2	3:12	Active	09/06/2002	987-76-5654	
Smith, Allen	C	3	3:22	3	3:22	Active	11/10/2002	111-11-1111	
Stevens, Paula	D	2	2:19	2	2:19	Active	09/06/2002	987-12-3321	
Stevens, Ted	D	2	2:19	2	2:19	Active	09/06/2002	666-66-6666	
Thomas, Rita	E	1	1:20	1	1:20	Active	09/06/2002	898-99-8989	
Ustinov, Dan	D	2	2:18	2	2:18	Active	09/06/2002	789-45-7776	
Victor, Bob	D	2	2:17	2	2:17	Active	09/06/2002	789-98-7789	
Williams, Patti	D	2	2:18	2	2:18	Active	09/06/2002	987-65-4234	
Yancy, Richard	D	2	2:17	2	2:17	Active	09/06/2002	787-99-8765	
Eng 101 001		42	50:10	42	50:10				
Total Enrollment:		22							

Final Grades/Course Lists/Full ID - Grade Visits

10/17/2003

10:39 am

Fall 2002 Eng 101 001 Rhetoric I Instructor: Jones, Ann

Name	Grade	---Awarded---		---Actual---		Enrollment Status	Last Visit Date	ID
		Visits	Time	Visits	Time			
Connors, Debbie	E	0	0:00	0	0:00	Active		987-98-7987
Davis, Angela	D	2	2:27	2	2:27	Active	09/06/2002	345-34-5345
Edwards, Frank	D	2	2:26	2	2:26	Active	09/06/2002	543-54-3543
Frederick, Tony	E	1	0:10	1	0:10	Active	11/10/2002	123-41-2341
Jackson, Anne	D	2	2:18	2	2:18	Active	09/06/2002	222-22-2222
Killian, Red	D	2	2:16	2	2:16	Active	09/06/2002	988-98-8988
Linden, MaryAnn	C	3	3:16	3	3:16	Active	11/10/2002	555-55-5555
Murphy, Jillian	C	3	2:12	3	2:12	Active	11/10/2002	333-33-3333
Neicine, Alice	D	2	3:13	2	3:13	Active	09/06/2002	777-88-8999
O'Neil, Sean	C	3	3:45	3	3:45	Active	09/06/2002	123-12-3123
Peace, Warren	D	2	3:13	2	3:13	Active	09/06/2002	222-88-8777
Peterson, Annie	D	2	3:12	2	3:12	Active	09/06/2002	555-66-6777
Quinlan, Al	E	0	0:00	0	0:00	Active		666-77-7888
Roberts, Roberta	D	2	3:12	2	3:12	Active	09/06/2002	987-76-5654
Smith, Allen	C	3	3:22	3	3:22	Active	11/10/2002	111-11-1111
Stevens, Paula	D	2	2:19	2	2:19	Active	09/06/2002	987-12-3321
Stevens, Ted	D	2	2:19	2	2:19	Active	09/06/2002	666-66-6666
Thomas, Rita	E	1	1:20	1	1:20	Active	09/06/2002	898-99-8989
Ustinov, Dan	D	2	2:18	2	2:18	Active	09/06/2002	789-45-7776
Victor, Bob	D	2	2:17	2	2:17	Active	09/06/2002	789-98-7789
Williams, Patti	D	2	2:18	2	2:18	Active	09/06/2002	987-65-4234
Yancy, Richard	D	2	2:17	2	2:17	Active	09/06/2002	787-99-8765

Eng 101 001

42

50:10

42

50:10

Total Enrollment: 22

Fall 2002

Eng 101 001

Rhetoric I

Instructor: Jones, Ann

ID	Grade	---Awarded---		---Actual---		Enrollment	Last Visit
		Visits	Time	Visits	Time	Status	Date
1111 A.S.	C	3	3:22	3	3:22	Active	11/10/2002
2222 A.J.	D	2	2:18	2	2:18	Active	09/06/2002
2341 T.F.	E	1	0:10	1	0:10	Active	11/10/2002
3123 S.O.	C	3	3:45	3	3:45	Active	09/06/2002
3321 P.S.	D	2	2:19	2	2:19	Active	09/06/2002
3333 J.M.	C	3	2:12	3	2:12	Active	11/10/2002
3543 F.E.	D	2	2:26	2	2:26	Active	09/06/2002
4234 P.W.	D	2	2:18	2	2:18	Active	09/06/2002
5345 A.D.	D	2	2:27	2	2:27	Active	09/06/2002
5555 M.L.	C	3	3:16	3	3:16	Active	11/10/2002
5654 R.R.	D	2	3:12	2	3:12	Active	09/06/2002
6666 T.S.	D	2	2:19	2	2:19	Active	09/06/2002
6777 A.P.	D	2	3:12	2	3:12	Active	09/06/2002
7776 D.U.	D	2	2:18	2	2:18	Active	09/06/2002
7789 B.V.	D	2	2:17	2	2:17	Active	09/06/2002
7888 A.Q.	E	0	0:00	0	0:00	Active	
7987 D.C.	E	0	0:00	0	0:00	Active	
8765 R.Y.	D	2	2:17	2	2:17	Active	09/06/2002
8777 W.P.	D	2	3:13	2	3:13	Active	09/06/2002
8988 R.K.	D	2	2:16	2	2:16	Active	09/06/2002
8989 R.T.	E	1	1:20	1	1:20	Active	09/06/2002
8999 A.N.	D	2	3:13	2	3:13	Active	09/06/2002

Eng 101 0014250:104250:10

Total Participants Enrolled: 22

Final Grades/Course Lists/Short ID - Grade Visits

10/17/2003

10:41 am

Fall 2002

Eng 101 001

Rhetoric I

Instructor: Jones, Ann

ID	Grade	---Awarded---		---Actual---		Enrollment	Last Visit
		Visits	Time	Visits	Time	Status	Date
1111 A.S.	C	3	3:22	3	3:22	Active	11/10/2002
2222 A.J.	D	2	2:18	2	2:18	Active	09/06/2002
2341 T.F.	E	1	0:10	1	0:10	Active	11/10/2002
3123 S.O.	C	3	3:45	3	3:45	Active	09/06/2002
3321 P.S.	D	2	2:19	2	2:19	Active	09/06/2002
3333 J.M.	C	3	2:12	3	2:12	Active	11/10/2002
3543 F.E.	D	2	2:26	2	2:26	Active	09/06/2002
4234 P.W.	D	2	2:18	2	2:18	Active	09/06/2002
5345 A.D.	D	2	2:27	2	2:27	Active	09/06/2002
5555 M.L.	C	3	3:16	3	3:16	Active	11/10/2002
5654 R.R.	D	2	3:12	2	3:12	Active	09/06/2002
6666 T.S.	D	2	2:19	2	2:19	Active	09/06/2002
6777 A.P.	D	2	3:12	2	3:12	Active	09/06/2002
7776 D.U.	D	2	2:18	2	2:18	Active	09/06/2002
7789 B.V.	D	2	2:17	2	2:17	Active	09/06/2002
7888 A.Q.	E	0	0:00	0	0:00	Active	
7987 D.C.	E	0	0:00	0	0:00	Active	
8765 R.Y.	D	2	2:17	2	2:17	Active	09/06/2002
8777 W.P.	D	2	3:13	2	3:13	Active	09/06/2002
8988 R.K.	D	2	2:16	2	2:16	Active	09/06/2002
8989 R.T.	E	1	1:20	1	1:20	Active	09/06/2002
8999 A.N.	D	2	3:13	2	3:13	Active	09/06/2002

Lab/Courses/Workstations Summary

10/17/2003 10:41 am

Academic Skills

Workstation	Course
ACS-PC1	ASC 101
	ASC 102
	Bio 101
	CA 101
	ESL 100
	Eng 101
	Eng 102
	Math 100
	Math 200

English & ESL Lab

Workstation	Course
COMPAQ	Astr 102
	ESL 100
	Eng 101
	Eng 102
DELL01	Astr 102
	ESL 100
	Eng 101
	Eng 102
PAVILION	Astr 102
	ESL 100
	Eng 101
	Eng 102
TUTOR 01	Astr 102
	ESL 100
	Eng 101
	Eng 102

Fitness Center

Workstation	Course
FC-PC1	HPR 101
	HPR 102

Math and Science Lab

Workstation	Course
MATH 002	Bio 101
	Bio 102
	Math 090
	Math 100

Debbie Connors
768 E. Mahoney Blvd
Crest Hill, IL 60543

Anne Jackson
1009 W. Southern
Apt. #123
Joliet, IL 60435

Warren Peace
123 W. Southern
Lockport, IL 60441

Preston Creest
66785 N. Hayes
Lockport, IL 60441

Edward Jackson
127 E. Main
Joliet, IL 60436

Annie Peterson
7267 E. Apache Blvd.
Joliet, IL 60436

Angela Davis
989 W. Ash
Elwood, IL 60345

David Jansen
435 W. Howe
Bolingbrook, IL 60543

Al Quinlan
PO Box 280
Crest Hill, IL 60144

Frank Edwards
7877 W. Alameda Dr.
Wilmington, IL 60481

Martin Johnson
1215 W. Anderson
Lockport, IL 60441

Roberta Roberts
128 W. Southern
Lockport, IL 60433

Joe Franklin
1289 E. Adams
Braidwood, IL 60477

Red Killian
187 Angenine
Bolingbrook, IL 60654

Allen Smith
125 E. Main
Joliet, IL 60434

Tony Frederick
432 E. Payne Ave
Joliet, IL 60435

MaryAnn Linden
1234 N. Dobson
Elwood, IL 60236

Paula Stevens
899 W. Main
Joliet, IL 60436

Olaf Gunderson
7888 E. Hardy
Joliet, IL 60435

Steve Miller
126 E. Adams
Crest Hill, IL 60432

Ted Stevens
PO Box 1289
Joliet, IL 60435

Anita Hammer
786 W. Lemon
Joliet, IL 60435

Jillian Murphy
891 W. Howe
Symerton, IL 60234

Rita Thomas
7866 N. Adams
Joliet, IL 60434

Miriam Hannah
897 E Orange
Joliet, IL 60436

Alice Neicine
789 E. Alameda
Crest Hill, IL 60454

Dan Ustinov
PO BOX 1278
Joliet, IL 60435

Ted Ivnik
78 E. Main
Joliet, IL 60435

Sean O'Neil
7896 N. Alma School
Joliet, IL 60436

Bob Victor
672 E. Adams
Elwood, IL 60421

Participant Addresses

10/17/2003 10:43 am

Name	Address	City	State	Zip Code
Connors, Debbie	768 E. Mahoney Blvd	Crest Hill	IL	60543
Creest, Preston	66785 N. Hayes	Lockport	IL	60441
Davis, Angela	989 W. Ash	Elwood	IL	60345
Edwards, Frank	7877 W. Alameda Dr.	Wilmington	IL	60481
Franklin, Joe	1289 E. Adams	Braidwood	IL	60477
Frederick, Tony	432 E. Payne Ave	Joleit	IL	60435
Gunderson, Olaf	7888 E. Hardy	Joliet	IL	60435
Hammer, Anita	786 W. Lemon	Joliet	IL	60435
Hannah, Miriam	897 E Orange	Joliet	IL	60436
Ivnik, Ted	78 E. Main	Joliet	IL	60435
Jackson, Anne	1009 W. Southern	Joliet	IL	60435
Jackson, Edward	127 E. Main	Joliet	IL	60436
Jansen, David	435 W. Howe	Boligbrook	IL	60543
Johnson, Martin	1215 W. Anderson	Lockport	IL	60441
Killian, Red	187 Angenine	Bolingbrook	IL	60654
Linden, MaryAnn	1234 N. Dobson	Elwood	IL	60236
Miller, Steve	126 E. Adams	Crest Hill	IL	60432
Murphy, Jillian	891 W. Howe	Symerton	IL	60234
Neicine, Alice	789 E. Alameda	Crest Hill	IL	60454
O'Neil, Sean	7896 N. Alma School	Joliet	IL	60436
Peace, Warren	123 W. Southern	Lockport	IL	60441
Peterson, Annie	7267 E. Apache Blvd.	Joliet	IL	60436
Quinlan, Al	PO Box 280	Crest Hill	IL	60144
Roberts, Roberta	128 W. Southern	Lockport	IL	60433
Smith, Allen	125 E. Main	Joliet	IL	60434
Stevens, Paula	899 W. Main	Joliet	IL	60436
Stevens, Ted	PO Box 1289	Joliet	IL	60435
Thomas, Rita	7866 N. Adams	Joliet	IL	60434
Ustinov, Dan	PO BOx 1278	Joliet	IL	60435
Victor, Bob	672 E. Adams	Elwood	IL	60421
Williams, Patti	7652 E. Washington	Wilmington	IL	60481
Yancy, Richard	2786 W. Monroe	Bolingbrook	IL	60444

Participant Categories, Status

10/17/2003 10:44 am

Name	ID	Status	Categories				Enroll Date
			1	2	3	4	
Connors, Debbie	987-98-7987	Active	Stu				08/21/2002
Creest, Preston	666-77-7111	Active	Stu				08/21/2002
Davis, Angela	345-34-5345	Active	Stu	Spc			08/21/2002
Edwards, Frank	543-54-3543	Active	Stu				08/21/2002
Franklin, Joe	989-98-9898	Active	Stu	Spc			08/21/2002
Frederick, Tony	123-41-2341	Active	Emp	Adm			08/21/2002
Gunderson, Olaf	123-45-6789	Active	Stu				08/21/2002
Hammer, Anita	788-17-2718	Active	Stu				08/21/2002
Hannah, Miriam	234-56-7890	Active	Stu	Spc			08/21/2002
Ivnik, Ted	999-88-8777	Active	Stu	Spc			08/21/2002
Jackson, Anne	222-22-2222	Active	Stu	Ath	Vlb		08/21/2002
Jackson, Edward	789-78-9789	Active	Emp	Adm			08/21/2002
Jansen, David	777-77-7777	Active	Stu	Ath	Bsk		08/21/2002
Johnson, Martin	234-23-4234	Active	Com	Adm			08/21/2002
Killian, Red	988-98-8988	Active	Stu	Sps			08/21/2002
Linden, MaryAnn	555-55-5555	Active	Stu	Ath	Vlb		08/21/2002
Miller, Steve	888-88-8888	Active	Stu	Ath	Bsk		08/21/2002
Murphy, Jillian	333-33-3333	Active	Stu	Ath	Vlb		08/21/2002
Neicine, Alice	777-88-8999	Active	Stu				08/21/2002
O'Neil, Sean	123-12-3123	Active	Stu	Ath	Bsk		08/21/2002
Peace, Warren	222-88-8777	Active	Stu				08/21/2002
Peterson, Annie	555-66-6777	Active	Stu	Spc			08/21/2002
Quinlan, Al	666-77-7888	Active	Stu				08/21/2002
Roberts, Roberta	987-76-5654	Active	Stu				08/21/2002
Smith, Allen	111-11-1111	Active	Stu				08/21/2002
Stevens, Paula	987-12-3321	Active	Stu	Spc			08/21/2002
Stevens, Ted	666-66-6666	Active	Stu	Ath	Bsk		08/21/2002
Thomas, Rita	898-99-8989	Active	Stu				08/21/2002
Ustinov, Dan	789-45-7776	Active	Stu				08/21/2002
Victor, Bob	789-98-7789	Active	Stu	Spc			08/21/2002
Williams, Patti	987-65-4234	Active	Stu				08/21/2002
Yancy, Richard	787-99-8765	Active	Stu				08/21/2002

Participant Data Summary

10/17/2003 10:44 am

Primary ID 123-41-2341
Secondary ID
Card ID 879088
Name Frederick, Tony

Address 1 432 E. Payne Ave
Address 2
City, State Zip Joleit, IL 60435
Country

EMail Address
Home: 480 989-1833
Bus: 612 899-9899

Sex: M
Birthdate: 02/06/1950

Enrolled Date: 08/21/2002

Participant Status: A

Categories: 1 Emp
2 Adm
3
4

Emergency Information

Contact: Sue Frederick
Relationship: Daughter
Phone: 612 435-7188

Membership Length:
Next Expiration Date:
Last Renewal Date:

Last Visit Date: 11/10/2002

Participant Notes:

Login Comments:

Membership Analysis by Age

Age	20-29	30-39	40-49	50-59	Total
M	10	6	2	2	20
F	9	3	0	0	12
Total	19	9	2	2	32

Center Visits Analysis

Visits	0	01-05	06-10	11-15	16-20	Total
M	1	8	9	2	0	20
F	0	6	1	4	1	12
Total	1	14	10	6	1	32

Center Time Analysis

Hours	0	01-05	06-10	11-15	16-20	21-30	Total
M	1	8	5	5	1	0	20
F	0	5	2	3	1	1	12
Total	1	13	7	8	2	1	32

Participant Emergency Contact Information

10/17/2003

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Name	ID	Emergency Contact	Phone	Relationship
Connors, Debbie	987-98-7987	Edward Connors	418 543-2123 X1231	Brother
Creest, Preston	666-77-7111	Allison Creest	418 984-5171 X12781	Spouse
Davis, Angela	345-34-5345	Rene Davis	418 767-1256	Sister
Edwards, Frank	543-54-3543	Beth salazar	418 987-1818	Significant Other
Franklin, Joe	989-98-9898	Missy Franklin	418 975-1616	Spouse
Frederick, Tony	123-41-2341	Sue Frederick	612 435-7188	Daughter
Gunderson, Olaf	123-45-6789	Heidi Gunderson	612 876-1717	Spouse
Hammer, Anita	788-17-2718	Robert Hammer	612 819-9199	Father
Hannah, Miriam	234-56-7890	Anna Hannah	612 981-9999	Sister
Ivnik, Ted	999-88-8777			
Jackson, Anne	222-22-2222			
Jackson, Edward	789-78-9789			
Jansen, David	777-77-7777			
Johnson, Martin	234-23-4234			
Killian, Red	988-98-8988			
Linden, MaryAnn	555-55-5555			
Miller, Steve	888-88-8888			
Murphy, Jillian	333-33-3333			
Neicine, Alice	777-88-8999			
O'Neil, Sean	123-12-3123			
Peace, Warren	222-88-8777			
Peterson, Annie	555-66-6777			
Quinlan, Al	666-77-7888			
Roberts, Roberta	987-76-5654			
Smith, Allen	111-11-1111			
Stevens, Paula	987-12-3321			
Stevens, Ted	666-66-6666			
Thomas, Rita	898-99-8989			
Ustinov, Dan	789-45-7776			
Victor, Bob	789-98-7789			
Williams, Patti	987-65-4234			
Yancy, Richard	787-99-8765	Nancy Yancy	418 678-1888	Mother

Participant Enroll Date, Sex, Birthdate, Age

10/17/2003

10:47 am

Name	ID	Date Enrolled	Sex	Birthdate	Age
Connors, Debbie	987-98-7987	08/21/2002	F	02/03/1982	21
Creest, Preston	666-77-7111	08/21/2002	M	09/29/1965	38
Davis, Angela	345-34-5345	08/21/2002	F	08/17/1970	33
Edwards, Frank	543-54-3543	08/21/2002	M	02/23/1965	38
Franklin, Joe	989-98-9898	08/21/2002	M	02/08/1968	35
Frederick, Tony	123-41-2341	08/21/2002	M	02/06/1950	53
Gunderson, Olaf	123-45-6789	08/21/2002	M	09/08/1968	35
Hammer, Anita	788-17-2718	08/21/2002	F	10/23/1970	33
Hannah, Miriam	234-56-7890	08/21/2002	F	09/08/1967	36
Ivnik, Ted	999-88-8777	08/21/2002	M	09/12/1965	38
Jackson, Anne	222-22-2222	08/21/2002	F	12/23/1980	22
Jackson, Edward	789-78-9789	08/21/2002	M	11/09/1953	49
Jansen, David	777-77-7777	08/21/2002	M	03/23/1982	21
Johnson, Martin	234-23-4234	08/21/2002	M	10/20/1950	53
Killian, Red	988-98-8988	08/21/2002	M	10/30/1980	22
Linden, MaryAnn	555-55-5555	08/21/2002	F	10/20/1981	22
Miller, Steve	888-88-8888	08/21/2002	M	04/05/1980	23
Murphy, Jillian	333-33-3333	08/21/2002	F	09/08/1981	22
Neicine, Alice	777-88-8999	08/21/2002	M	09/28/1967	36
O'Neil, Sean	123-12-3123	08/21/2002	M	12/12/1979	23
Peace, Warren	222-88-8777	08/21/2002	M	12/20/1962	40
Peterson, Annie	555-66-6777	08/21/2002	F	09/23/1980	23
Quinlan, Al	666-77-7888	08/21/2002	M	02/21/1981	22
Roberts, Roberta	987-76-5654	08/21/2002	F	12/20/1981	21
Smith, Allen	111-11-1111	08/21/2002	M	10/29/1980	22
Stevens, Paula	987-12-3321	08/21/2002	F	12/09/1981	21
Stevens, Ted	666-66-6666	08/21/2002	M	10/23/1980	22
Thomas, Rita	898-99-8989	08/21/2002	F	11/12/1980	22
Ustinov, Dan	789-45-7776	08/21/2002	M	02/23/1980	23
Victor, Bob	789-98-7789	08/21/2002	M	10/28/1978	24
Williams, Patti	987-65-4234	08/21/2002	F	07/16/1980	23
Yancy, Richard	787-99-8765	08/21/2002	M	06/26/1981	22

Participant Phone List

10/17/2003 10:47 am

Name	ID	Home Phone	Business Phone
Connors, Debbie	987-98-7987	612 989-9999	
Creest, Preston	666-77-7111	418 987-9188	612 981-9151
Davis, Angela	345-34-5345	612 819-9991	612 871-8171 X1272
Edwards, Frank	543-54-3543	418 981-9199	612 189-9919
Franklin, Joe	989-98-9898	418 919-9199	
Frederick, Tony	123-41-2341	480 989-1833	612 899-9899
Gunderson, Olaf	123-45-6789	418 129-1919	
Hammer, Anita	788-17-2718	418 919-9999	
Hannah, Miriam	234-56-7890	418 919-9199	
Ivnik, Ted	999-88-8777	418 979-9918	612 129-9199
Jackson, Anne	222-22-2222	612 891-9191	
Jackson, Edward	789-78-9789	408 618-7617	612 989-1999
Jansen, David	777-77-7777	409 898-8998	
Johnson, Martin	234-23-4234	815 588-1276	
Killian, Red	988-98-8988	488 292-9291	
Linden, MaryAnn	555-55-5555	408 989-9999	
Miller, Steve	888-88-8888	498 981-9988	602 891-9898
Murphy, Jillian	333-33-3333	408 989-9999	
Neicine, Alice	777-88-8999	418 128-1281	
O'Neil, Sean	123-12-3123	409 898-9898	
Peace, Warren	222-88-8777	418 975-1818	612 815-9199
Peterson, Annie	555-66-6777	418 956-1171	
Quinlan, Al	666-77-7888	418 981-9991	
Roberts, Roberta	987-76-5654	418 797-9879	612 871-8718
Smith, Allen	111-11-1111	612 891-9191	
Stevens, Paula	987-12-3321	418 987-8788	
Stevens, Ted	666-66-6666	488 981-9198	
Thomas, Rita	898-99-8989	418 981-9188	
Ustinov, Dan	789-45-7776	612 891-6888	
Victor, Bob	789-98-7789	418 981-9189	418 981-9087 X1238
Williams, Patti	987-65-4234	418 989-1276	
Yancy, Richard	787-99-8765	418 987-5765	

Name	Log In	Log In At
Connors, Debbie	10:50 am	DELL01
Jackson, Anne	10:49 am	DELL01
Linden, MaryAnn	10:50 am	DELL01
O'Neil, Sean	10:49 am	DELL01
Smith, Allen	10:49 am	DELL01

Positive Attendance Report

10/17/2003 10:51 am

Fall 2002 Eng 101 001 Rhetoric I
 Class meets 8/26/2002 to 12/13/2002 Units 3.0 Instructor: Jones, Ann

Name	ID	Grade	Enrollment Status	--Awarded--		--Actual--	
				Visits	Hours	Visits	Hours
Connors, Debbie	987-98-7987	E	Active	0	0:00	0	0
Davis, Angela	345-34-5345	D	Active	2	2:27	2	147
Edwards, Frank	543-54-3543	D	Active	2	2:26	2	146
Frederick, Tony	123-41-2341	E	Active	1	0:10	1	10
Jackson, Anne	222-22-2222	D	Active	2	2:18	2	138
Killian, Red	988-98-8988	D	Active	2	2:16	2	136
Linden, MaryAnn	555-55-5555	C	Active	3	3:16	3	196
Murphy, Jillian	333-33-3333	C	Active	3	2:12	3	132
Neicine, Alice	777-88-8999	D	Active	2	3:13	2	193
O'Neil, Sean	123-12-3123	C	Active	3	3:45	3	225
Peace, Warren	222-88-8777	D	Active	2	3:13	2	193
Peterson, Annie	555-66-6777	D	Active	2	3:12	2	192
Quinlan, Al	666-77-7888	E	Active	0	0:00	0	0
Roberts, Roberta	987-76-5654	D	Active	2	3:12	2	192
Smith, Allen	111-11-1111	C	Active	3	3:22	3	202
Stevens, Paula	987-12-3321	D	Active	2	2:19	2	139
Stevens, Ted	666-66-6666	D	Active	2	2:19	2	139
Thomas, Rita	898-99-8989	E	Active	1	1:20	1	80
Ustinov, Dan	789-45-7776	D	Active	2	2:18	2	138
Victor, Bob	789-98-7789	D	Active	2	2:17	2	137
Williams, Patti	987-65-4234	D	Active	2	2:18	2	138
Yancy, Richard	787-99-8765	D	Active	2	2:17	2	137

Total Participants: 22 42 50:10 42.00 50.10

Description

Academic Skills Lab
Academic Skills Lab 06/03/02 - 06/05/02
Academic Skills Lab - Week of June 2nd, 2002
AcademicSkills Lab - 06/05/02
All Labs - 09/06/02
Fall 2002
Fall 2002 - All Courses
Fall 2002 - English Lab
Fall 2002 - English Lab - All Student Athletes
Fall 2002 - Fitness Center
Fall 2002 English 101 001
Fitness Center - Fall 2002 09/04 to 09/07
Fitness Center - Fall 2002 09/04 to 09/07 HPR 10

Visit Activity Log - By Activity Type

10/17/2003 10:54AM

Activity

Orientation

ID	Participant	Date	Log In	Log Out	---Awarded---		---Actual---		Course	Section	Enrollment Status
					Visits	Time	Visits	Time			
543-54-3543	Edwards, Frank	09/04/2002	6:50 am	7:20 am	1	0:30	1	0:30	HPR 101	010	Active
987-98-7987	Connors, Debbie	09/04/2002	7:00 am	8:15 am	1	1:15	1	1:15	HPR 101	010	Active
123-41-2341	Frederick, Tony	09/04/2002	7:00 am	8:00 am	1	1:00	1	1:00	HPR 101	020	Active
666-77-7111	Creest, Preston	09/04/2002	7:05 am	8:15 am	1	1:10	1	1:10	HPR 101	010	Active
345-34-5345	Davis, Angela	09/04/2002	10:00 am	11:15 am	1	1:15	1	1:15	HPR 101	010	Active
989-98-9898	Franklin, Joe	09/04/2002	10:00 am	12:00 pm	1	2:00	1	2:00	HPR 101	010	Active
999-88-8777	Ivnik, Ted	09/04/2002	10:00 am	11:10 am	1	1:10	1	1:10	HPR 101	020	Active
123-45-6789	Gunderson, Olaf	09/05/2002	7:30 am	8:40 am	1	1:10	1	1:10	HPR 101	020	Active
234-56-7890	Hannah, Miriam	09/05/2002	8:00 am	9:10 am	1	1:10	1	1:10	HPR 101	020	Active
788-17-2718	Hammer, Anita	09/05/2002	10:00 am	11:30 am	1	1:30	1	1:30	HPR 101	020	Active
Total Number Participants		10	Totals:		10	12:10	10	12:10			

Visit Activity Log - By Date

10/17/2003 10:56 am

6/3/2002		---Awarded---		---Actual---		Participant	Activity	Course	Section	Enrollment	
Log In	Log Out	Visits	Time	Visits	Time					Status	
9:00 am	9:30 am	1	0:30	1	0:30	Davis, Angela	Resume Software	ASC 101	001	Active	
9:05 am	10:45 am	1	1:40	1	1:40	Hannah, Miriam	Meeting with Instructor	ASC 102	001	Active	
9:35 am	11:05 am	1	1:30	1	1:30	Gunderson, Olaf	Meeting with Instructor	ASC 102	001	Active	
10:10 am	12:30 pm	1	2:20	1	2:20	Jackson, Edward	General Tutoring	CA 101	001	Active	
11:00 am	12:30 pm	1	1:30	1	1:30	Murphy, Jillian	Resume Software	ASC 101	001	Active	
11:05 am	12:35 pm	1	1:30	1	1:30	Linden, MaryAnn	Meeting with Instructor	CA 101	001	Active	
12:00 pm	2:00 pm	1	2:00	1	2:00	Ivnik, Ted	Resume Review	ASC 101	001	Active	
12:00 pm	2:00 pm	1	2:00	1	2:00	Hammer, Anita	Resume Software	ASC 101	001	Active	
12:05 pm	2:10 pm	1	2:05	1	2:05	Jansen, David	Meeting with Instructor	CA 101	001	Active	
06/03/02	Totals:	9	15:05	9	15:05						

Visit Activity Log - By Participant

10/17/2003 10:56 am

Connors, Debbie

987-98-7987

Date	Log In	Log Out	---Awarded---		---Actual---		Activity	Course	Section	Enrollment
			Time	Visits	Time	Visits				Status
06/11/2002	08:15am	09:30am	1:15	1	1:15	1	Meeting with Instructor	ASC 102	001	Active
06/13/2002	10:30am	12:38pm	2:08	1	2:08	1	Note Taking	ASC 102	001	Active
06/14/2002	09:20am	10:35am	1:15	1	1:15	1	Speed Reading	ASC 102	001	Active
06/30/2002	08:15am	10:25am	2:10	1	2:10	1	Speed Reading	ASC 102	001	Active
07/02/2002	11:10am	12:45pm	1:35	1	1:35	1	Meeting with Instructor	ASC 102	001	Active
09/04/2002	07:00am	08:15am	1:15	1	1:15	1	Orientation	HPR 101	010	Active
09/04/2002	08:00am	08:40am	0:40	1	0:40	1	General Tutoring	Math 100	001	Active
09/04/2002	10:00am	11:00am	1:00	1	1:00	1	General Tutoring	Math 100	001	Active
09/05/2002	08:00am	09:00am	1:00	1	1:00	1	Assessment	HPR 101	010	Active
09/07/2002	07:30am	08:45am	1:15	1	1:15	1	Aeorbic Workout	HPR 101	010	Active
09/08/2002	07:35am	08:40am	1:05	1	1:05	1	Weight Machine Workout	HPR 101	010	Active
09/09/2002	07:00am	08:15am	1:15	1	1:15	1	Weight Machine Workout	HPR 101	010	Active
09/10/2002	07:05am	08:25am	1:20	1	1:20	1	Aeorbic Workout	HPR 101	010	Active
10/17/2003	10:50am						Paper 1 - Outline	Eng 101	001	Active
Connors, Debbie		Totals	17:13	13	17:13	13				

Creest, Preston

666-77-7111

Date	Log In	Log Out	---Awarded---		---Actual---		Activity	Course	Section	Enrollment
			Time	Visits	Time	Visits				Status
09/04/2002	07:05am	08:15am	1:10	1	1:10	1	Orientation	HPR 101	010	Active
09/04/2002	07:16am	08:38am	1:22	1	1:22	1	CD ROM - Sentence Construction	ESL 100	001	Active
09/05/2002	07:00am	08:15am	1:15	1	1:15	1	Assessment	HPR 101	010	Active
09/06/2002	07:15am	08:15am	1:00	1	1:00	1	Free Weight Workout	HPR 101	010	Active
09/07/2002	06:50am	08:00am	1:10	1	1:10	1	Weight Machine Workout	HPR 101	010	Active
09/07/2002	07:05am	08:10am	1:05	1	1:05	1	Aeorbic Workout	HPR 101	010	Active
09/08/2002	07:00am	07:50am	0:50	1	0:50	1	Aeorbic Workout	HPR 101	010	Active
Creest, Preston		Totals	7:52	7	7:52	7				

Davis, Angela

345-34-5345

Date	Log In	Log Out	---Awarded---		---Actual---		Activity	Course	Section	Enrollment
			Time	Visits	Time	Visits				Status
06/03/2002	09:00am	09:30am	0:30	1	0:30	1	Resume Software	ASC 101	001	Active
06/04/2002	10:00am	10:15am	0:15	1	0:15	1	Resume Review	ASC 101	001	Active
06/11/2002	12:00pm	02:00pm	2:00	1	2:00	1	Mock Interview	ASC 101	001	Active

Visit Activity Totals - By Course

10/17/2003 10:57 am

Summer 2002

Course	Activity	Activity Count
ASC 101	Mock Interview	4
	Resume Review	5
	Resume Software	8
	Total Activities:	17
ASC 102	General Tutoring	1
	Meeting with Instructor	6
	Note Taking	5
	Speed Reading	5
	Total Activities:	17
CA 101	General Tutoring	10
	Meeting with Instructor	4
	Total Activities:	14
Eng 101	General Tutoring	4
	Paper 1 - Final Draft	3
	Paper 1 - Outline	35
	Paper 1 - Rough Draft	6
	Total Activities:	48
ESL 100	CD ROM - Sentence Construction	2
	CD-ROM - Pronunciation	3
	General Tutoring	2
	Tutoring - ESL	2
	Video - Basic Grammar	3
	Total Activities:	12
HPR 101	Aeorbic Workout	14
	Assessment	10
	Free Weight Workout	3
	Orientation	10
	Seminar	2
	Treadmill	1
	Weight Machine Workout	20
	Total Activities:	60
HPR 102	Aeorbic Workout	11
	Free Weight Workout	4
	Seminar	2
	Treadmill	3
	Weight Machine Workout	7
	Total Activities:	27

Visit Analysis

Visit Status	Actual			Awarded		
	Total Time	Total Visits	Avg. Time	Total Time	Total Visits	Avg. Time
Missing Log Out	0:07	7	0:52	0:52	7	0:07
Normal	1:20	196	260:34	260:34	196	1:20

Visit Log by Date

10/17/2003

11:06 am

Visits on 09/05/2002		Fall 2002		---Actual---		---Awarded---		Visit		
Name	ID	Log In	Log Out	Time	Visits	Time	Visits	Status	Course	Section
Jansen, David	777-77-7777	6:10 am	7:25 am	1:15	1	1:15	1	N	HPR 102	010
Creest, Preston	666-77-7111	7:00 am	8:15 am	1:15	1	1:15	1	N	HPR 101	010
Frederick, Tony	123-41-2341	7:00 am	8:00 am	1:00	1	1:00	1	N	HPR 101	020
Jackson, Anne	222-22-2222	7:00 am	8:25 am	1:25	1	1:25	1	N	HPR 102	010
Gunderson, Olaf	123-45-6789	7:30 am	8:40 am	1:10	1	1:10	1	N	HPR 101	020
Connors, Debbie	987-98-7987	8:00 am	9:00 am	1:00	1	1:00	1	N	HPR 101	010
Hannah, Miriam	234-56-7890	8:00 am	9:10 am	1:10	1	1:10	1	N	HPR 101	020
Jackson, Edward	789-78-9789	8:15 am	9:00 am	0:45	1	0:45	1	N	HPR 102	010
Edwards, Frank	543-54-3543	9:00 am	10:30 am	1:30	1	1:30	1	N	HPR 101	010
Johnson, Martin	234-23-4234	9:10 am	9:40 am	0:30	1	0:30	1	N	HPR 102	010
Davis, Angela	345-34-5345	10:00 am	11:00 am	1:00	1	1:00	1	N	HPR 101	010
Hammer, Anita	788-17-2718	10:00 am	11:30 am	1:30	1	1:30	1	N	HPR 101	020
Franklin, Joe	989-98-9898	10:15 am	11:30 am	1:15	1	1:15	1	N	HPR 101	010
Killian, Red	988-98-8988	10:25 am	11:30 am	1:05	1	1:05	1	N	HPR 102	010
Hammer, Anita	788-17-2718	3:00 pm	4:10 pm	1:10	1	1:10	1	N	HPR 101	020
Gunderson, Olaf	123-45-6789	7:10 pm	8:30 pm	1:20	1	1:20	1	N	HPR 101	020
09/05/2002	Totals:			18:20	16	18:20	16			

Visit Log by Date - By Course

10/17/2003 11:07 am

Fall 2002

Eng 101

001

09/04/2002

Name	ID	Log In	Log Out	---Actual---		---Awarded--		Status
				Time	Visits	Time	Visits	
Davis, Angela	345-34-5345	7:18 am	E 8:51 am	1:33	1	1:33	1	N
Edwards, Frank	543-54-3543	7:19 am	E 8:51 am	1:32	1	1:32	1	N
O'Neil, Sean	123-12-3123	7:25 am	E 9:00 am	1:35	1	1:35	1	N
Jackson, Anne	222-22-2222	8:57 am	E10:12 am	1:15	1	1:15	1	N
Killian, Red	988-98-8988	8:58 am	E10:12 am	1:14	1	1:14	1	N
Linden, MaryAnn	555-55-5555	8:58 am	E10:12 am	1:14	1	1:14	1	N
Murphy, Jillian	333-33-3333	8:58 am	E 9:08 am	0:10	1	0:10	1	M
Neicine, Alice	777-88-8999	9:00 am	E10:12 am	1:12	1	1:12	1	N
Peace, Warren	222-88-8777	9:00 am	E10:13 am	1:13	1	1:13	1	N
Peterson, Annie	555-66-6777	9:01 am	E10:13 am	1:12	1	1:12	1	N
Roberts, Roberta	987-76-5654	9:01 am	E10:13 am	1:12	1	1:12	1	N
Smith, Allen	111-11-1111	9:02 am	E10:22 am	1:20	1	1:20	1	N
Stevens, Paula	987-12-3321	9:02 am	E10:22 am	1:20	1	1:20	1	N
Stevens, Ted	666-66-6666	9:02 am	E10:22 am	1:20	1	1:20	1	N
Thomas, Rita	898-99-8989	9:02 am	E10:22 am	1:20	1	1:20	1	N
Ustinov, Dan	789-45-7776	9:02 am	E10:22 am	1:20	1	1:20	1	N
Victor, Bob	789-98-7789	9:03 am	E10:22 am	1:19	1	1:19	1	N
Williams, Patti	987-65-4234	9:03 am	E10:23 am	1:20	1	1:20	1	N
Yancy, Richard	787-99-8765	9:03 am	E10:23 am	1:20	1	1:20	1	N
O'Neil, Sean	123-12-3123	10:13 am	E10:23 am	0:10	1	0:10	1	M

09/04/2002

Totals:

24:11

20

24:11

20

09/06/2002

Name	ID	Log In	Log Out	---Actual---		---Awarded--		Status
				Time	Visits	Time	Visits	
Davis, Angela	345-34-5345	8:47 am	E 9:41 am	0:54	1	0:54	1	N
Edwards, Frank	543-54-3543	8:47 am	E 9:41 am	0:54	1	0:54	1	N
Jackson, Anne	222-22-2222	8:54 am	E 9:57 am	1:03	1	1:03	1	N
Killian, Red	988-98-8988	8:55 am	E 9:57 am	1:02	1	1:02	1	N
Linden, MaryAnn	555-55-5555	9:57 am	E11:58 am	2:01	1	2:01	1	N
Murphy, Jillian	333-33-3333	9:57 am	E11:58 am	2:01	1	2:01	1	N
Neicine, Alice	777-88-8999	9:57 am	E11:58 am	2:01	1	2:01	1	N
O'Neil, Sean	123-12-3123	9:58 am	E11:58 am	2:00	1	2:00	1	N
Peace, Warren	222-88-8777	9:58 am	E11:58 am	2:00	1	2:00	1	N
Peterson, Annie	555-66-6777	9:58 am	E11:58 am	2:00	1	2:00	1	N
Roberts, Roberta	987-76-5654	9:59 am	E11:59 am	2:00	1	2:00	1	N
Smith, Allen	111-11-1111	9:59 am	E11:59 am	2:00	1	2:00	1	N
Stevens, Paula	987-12-3321	11:59 am	E12:58 pm	0:59	1	0:59	1	N
Stevens, Ted	666-66-6666	11:59 am	E12:58 pm	0:59	1	0:59	1	N
Ustinov, Dan	789-45-7776	12:00 pm	E12:58 pm	0:58	1	0:58	1	N
Victor, Bob	789-98-7789	12:00 pm	E12:58 pm	0:58	1	0:58	1	N
Williams, Patti	987-65-4234	12:00 pm	E12:58 pm	0:58	1	0:58	1	N
Yancy, Richard	787-99-8765	12:01 pm	E12:58 pm	0:57	1	0:57	1	N

Visit Log by Date - By Lab

10/17/2003

11:08 am

Academic Skills

06/03/2002

Name	ID	Log In	Log Out	---Actual---		---Awarded---		Status	Course	Section
				Visits	Time	Visits	Time			
Davis, Angela	345-34-5345	9:00 am	9:30 am	1	0:30	1	0:30	N	ASC 101	001
Hannah, Miriam	234-56-7890	9:05 am	10:45 am	1	1:40	1	1:40	N	ASC 102	001
Gunderson, Olaf	123-45-6789	9:35 am	11:05 am	1	1:30	1	1:30	N	ASC 102	001
Jackson, Edward	789-78-9789	10:10 am	12:30 pm	1	2:20	1	2:20	N	CA 101	001
Murphy, Jillian	333-33-3333	11:00 am	12:30 pm	1	1:30	1	1:30	N	ASC 101	001
Linden, MaryAnn	555-55-5555	11:05 am	12:35 pm	1	1:30	1	1:30	N	CA 101	001
Hammer, Anita	788-17-2718	12:00 pm	2:00 pm	1	2:00	1	2:00	N	ASC 101	001
Ivnik, Ted	999-88-8777	12:00 pm	2:00 pm	1	2:00	1	2:00	N	ASC 101	001
Jansen, David	777-77-7777	12:05 pm	2:10 pm	1	2:05	1	2:05	N	CA 101	001

06/03/2002 Totals: 9 15:05 9 15:05

06/04/2002

Name	ID	Log In	Log Out	---Actual---		---Awarded---		Status	Course	Section
				Visits	Time	Visits	Time			
Jackson, Anne	222-22-2222	8:30 am	10:25 am	1	1:55	1	1:55	N	CA 101	001
Davis, Angela	345-34-5345	10:00 am	10:15 am	1	0:15	1	0:15	N	ASC 101	001
Johnson, Martin	234-23-4234	10:00 am	12:20 pm	1	2:20	1	2:20	N	CA 101	001
Hammer, Anita	788-17-2718	12:00 pm	2:00 pm	1	2:00	1	2:00	N	ASC 101	001
Murphy, Jillian	333-33-3333	12:00 pm	3:00 pm	1	3:00	1	3:00	N	ASC 101	001
Linden, MaryAnn	555-55-5555	12:00 pm	2:00 pm	1	2:00	1	2:00	N	CA 101	001
Jackson, Edward	789-78-9789	12:05 pm	2:05 pm	1	2:00	1	2:00	N	CA 101	001
Hannah, Miriam	234-56-7890	12:35 pm	2:40 pm	1	2:05	1	2:05	N	ASC 102	001
Ivnik, Ted	999-88-8777	9:30 pm	10:45 pm	1	1:15	1	1:15	N	ASC 101	001

06/04/2002 Totals: 9 16:50 9 16:50

06/05/2002

Name	ID	Log In	Log Out	---Actual---		---Awarded---		Status	Course	Section
				Visits	Time	Visits	Time			
Hannah, Miriam	234-56-7890	10:35 am	12:25 pm	1	1:50	1	1:50	N	ASC 102	001
Hannah, Miriam	234-56-7890	11:00 am	12:35 pm	1	1:35	1	1:35	N	ASC 102	001
Johnson, Martin	234-23-4234	11:05 am	12:45 pm	1	1:40	1	1:40	N	CA 101	001
Hammer, Anita	788-17-2718	12:05 pm	1:05 pm	1	1:00	1	1:00	N	ASC 101	001
Gunderson, Olaf	123-45-6789	12:10 pm	2:20 pm	1	2:10	1	2:10	N	ASC 102	001
Ivnik, Ted	999-88-8777	12:35 pm	2:10 pm	1	1:35	1	1:35	N	ASC 101	001
Jansen, David	777-77-7777	12:35 pm	2:35 pm	1	2:00	1	2:00	N	CA 101	001

06/05/2002 Totals: 7 11:50 7 11:50

06/06/2002

Name	ID	Log In	Log Out	---Actual---		---Awarded---		Status	Course	Section
				Visits	Time	Visits	Time			
Hannah, Miriam	234-56-7890	9:00 am	10:30 am	1	1:30	1	1:30	N	ASC 102	001
Jansen, David	777-77-7777	9:00 am	11:10 am	1	2:10	1	2:10	N	CA 101	001
Johnson, Martin	234-23-4234	10:05 am	12:10 pm	1	2:05	1	2:05	N	CA 101	001
Gunderson, Olaf	123-45-6789	10:10 am	12:35 pm	1	2:25	1	2:25	N	ASC 102	001
Jackson, Anne	222-22-2222	10:10 am	12:20 pm	1	2:10	1	2:10	N	CA 101	001
Jackson, Edward	789-78-9789	12:25 pm	1:35 pm	1	1:10	1	1:10	N	CA 101	001
Hammer, Anita	788-17-2718	12:30 pm	2:00 pm	1	1:30	1	1:30	N	ASC 101	001

Visit Log by Participant - All

10/17/2003 11:09 am

Jackson, Anne 222-22-2222 Last Log: 10/17/2003 10:49 am

Date	Log In	Log Out	---Awarded---		---Actual---		Status	Log In at	Term	Course	Section
			Visits	Time	Visits	Time					
09/04/2002	8:57 am	10:12 am	1	1:15	1	1:15	N	PAVILION	Fall 2002	Eng 101	001
09/06/2002	8:54 am	9:57 am	1	1:03	1	1:03	N	PAVILION	Fall 2002	Eng 101	001

Jackson, Anne Totals: 2 2:18 2 2:18

Linden, MaryAnn 555-55-5555 Last Log: 10/17/2003 10:50 am

Date	Log In	Log Out	---Awarded---		---Actual---		Status	Log In at	Term	Course	Section
			Visits	Time	Visits	Time					
09/04/2002	8:58 am	10:12 am	1	1:14	1	1:14	N	PAVILION	Fall 2002	Eng 101	001
09/06/2002	9:57 am	11:58 am	1	2:01	1	2:01	N	PAVILION	Fall 2002	Eng 101	001
11/10/2002	8:45 am	8:46 am	1	0:01	1	0:01	M	DELL01	Fall 2002	Eng 101	001

Linden, MaryAnn Totals: 3 3:16 3 3:16

Murphy, Jillian 333-33-3333 Last Log: 11/10/2002 8:45 am

Date	Log In	Log Out	---Awarded---		---Actual---		Status	Log In at	Term	Course	Section
			Visits	Time	Visits	Time					
09/04/2002	8:58 am	9:08 am	1	0:10	1	0:10	M	PAVILION	Fall 2002	Eng 101	001
09/06/2002	9:57 am	11:58 am	1	2:01	1	2:01	N	PAVILION	Fall 2002	Eng 101	001
11/10/2002	8:40 am	8:50 am	1	0:10	1	0:10	M	DELL01	Fall 2002	Eng 101	001
11/10/2002	8:45 am	8:46 am	1	0:01	1	0:01	M	DELL01	Fall 2002	Eng 101	001

Murphy, Jillian Totals: 4 2:22 4 2:22

O'Neil, Sean 123-12-3123 Last Log: 10/17/2003 10:49 am

Date	Log In	Log Out	---Awarded---		---Actual---		Status	Log In at	Term	Course	Section
			Visits	Time	Visits	Time					
09/04/2002	7:25 am	9:00 am	1	1:35	1	1:35	N	PAVILION	Fall 2002	Eng 101	001
09/04/2002	10:13 am	10:23 am	1	0:10	1	0:10	M	PAVILION	Fall 2002	Eng 101	001
09/06/2002	9:58 am	11:58 am	1	2:00	1	2:00	N	PAVILION	Fall 2002	Eng 101	001

O'Neil, Sean Totals: 3 3:45 3 3:45

Stevens, Ted 666-66-6666 Last Log: 09/06/2002 12:58 pm

Date	Log In	Log Out	---Awarded---		---Actual---		Status	Log In at	Term	Course	Section
			Visits	Time	Visits	Time					
09/04/2002	9:02 am	10:22 am	1	1:20	1	1:20	N	PAVILION	Fall 2002	Eng 101	001
09/06/2002	11:59 am	12:58 pm	1	0:59	1	0:59	N	PAVILION	Fall 2002	Eng 101	001

Stevens, Ted Totals: 2 2:19 2 2:19

Visit Log by Participant - Individual

10/17/2003 11:12 am

Connors, Debbie 987-98-7987 Last Log: 10/17/2003 10:50 am

Date	Log In	Log Out	---Awarded---		---Actual---		Visit		Log In at	Log Out at	Term	Course	Section
			Visits	Time	Visits	Time	Status						
06/11/2002	8:15 am	9:30 am	1	1:15	1	1:15	N		ACS-PC1	DELL01	Summer 2002	ASC 102	001
06/13/2002	10:30 am	12:38 pm	1	2:08	1	2:08	N		ACS-PC1	DELL01	Summer 2002	ASC 102	001
06/14/2002	9:20 am	10:35 am	1	1:15	1	1:15	N		ACS-PC1	DELL01	Summer 2002	ASC 102	001
06/30/2002	8:15 am	10:25 am	1	2:10	1	2:10	N		ACS-PC1	DELL01	Summer 2002	ASC 102	001
07/02/2002	11:10 am	12:45 pm	1	1:35	1	1:35	N		ACS-PC1	DELL01	Summer 2002	ASC 102	001
09/04/2002	7:00 am	8:15 am	1	1:15	1	1:15	N		FC-PC1	DELL01	Fall 2002	HPR 101	010
09/04/2002	8:00 am	8:40 am	1	0:40	1	0:40	N		MATH 002	DELL01	Fall 2002	Math 100	001
09/04/2002	10:00 am	11:00 am	1	1:00	1	1:00	N		MATH 002	DELL01	Fall 2002	Math 100	001
09/05/2002	8:00 am	9:00 am	1	1:00	1	1:00	N		FC-PC1	DELL01	Fall 2002	HPR 101	010
09/07/2002	7:30 am	8:45 am	1	1:15	1	1:15	N		FC-PC1	DELL01	Fall 2002	HPR 101	010
09/08/2002	7:35 am	8:40 am	1	1:05	1	1:05	N		FC-PC1	DELL01	Fall 2002	HPR 101	010
09/09/2002	7:00 am	8:15 am	1	1:15	1	1:15	N		FC-PC1	DELL01	Fall 2002	HPR 101	010
09/10/2002	7:05 am	8:25 am	1	1:20	1	1:20	N		FC-PC1	DELL01	Fall 2002	HPR 101	010
10/17/2003	10:50 am								DELL01		Fall 2003	Eng 101	001

Connors, Debbie Totals: 13 17:13 13 17:13

Visit Totals by Course

10/17/2003

11:13 am

Fall 2002

Course	Section	Start Date	End Date	Course Status	---Actual---		---Awarded---	
					Visits	Time	Visits	Time
Astr 102	001	08/26/2002	12/13/2002	Open	0	0:00	0	0:00
CC Use	001	08/26/2002	12/13/2002	Open	0	0:00	0	0:00
Eng 101	001	08/26/2002	12/13/2002	Open	43	50:20	43	50:20
Eng 102	001	08/26/2002	12/13/2002	Open	0	0:00	0	0:00
ESL 100	001	08/26/2002	12/13/2002	Open	9	11:44	9	11:44
HPR 101	010	08/26/2002	12/13/2002	Open	30	35:15	30	35:15
HPR 101	020	08/26/2002	12/13/2002	Open	30	35:25	30	35:25
HPR 102	010	08/26/2002	12/13/2002	Open	30	30:14	30	30:14
Math 090	001	08/26/2002	12/13/2002	Open	3	2:35	3	2:35
Math 100	001	08/26/2002	12/13/2002	Open	5	5:20	5	5:20
Math 200	001	08/26/2002	12/13/2002	Open	0	0:00	0	0:00

Totals for Fall 2002

150

170:53

150

170:53

Visit Totals by Course - By Lab

Summer 2002		Academic Skills			
Course	Section	---Actual---		---Awarded---	
		Visits	Time	Visits	Time
ASC 101	001	17	28:20	17	28:20
ASC 102	001	17	29:28	17	29:28
CA 101	001	16	29:45	16	29:45
Total Visits:		50	87:33	50	87:33

Visit Totals by Date

10/17/2003 11:16 am

Date	---Actual---		---Awarded--	
	Total Visits	Total Time	Total Visits	Total Time
06/03/2002	9	15:05	9	15:05
06/04/2002	9	16:50	9	16:50
06/05/2002	7	11:50	7	11:50
06/06/2002	7	13:00	7	13:00
06/11/2002	11	17:35	11	17:35
06/13/2002	2	3:38	2	3:38
06/14/2002	1	1:15	1	1:15
06/18/2002	1	2:15	1	2:15
06/28/2002	1	2:20	1	2:20
06/30/2002	1	2:10	1	2:10
07/02/2002	1	1:35	1	1:35
08/27/2002	1	1:00	1	1:00
09/04/2002	43	50:13	43	50:13
09/05/2002	16	18:20	16	18:20
09/06/2002	36	46:34	36	46:34
09/07/2002	20	22:20	20	22:20
09/08/2002	18	19:30	18	19:30
09/09/2002	12	13:07	12	13:07
09/10/2002	2	2:25	2	2:25
11/10/2002	5	0:24	5	0:24

Visit Totals by Date - By Lab

10/17/2003 11:17 am

Summer 2002

Academic Skills

Date	---Actual---		---Awarded---	
	Visits	Time	Visits	Time
06/03/2002	9	15:05	1	15:05
06/04/2002	9	16:50	1	16:50
06/05/2002	7	11:50	1	11:50
06/06/2002	7	13:00	1	13:00
06/11/2002	11	17:35	1	17:35
06/13/2002	2	3:38	1	3:38
06/14/2002	1	1:15	1	1:15
06/18/2002	1	2:15	1	2:15
06/28/2002	1	2:20	1	2:20
06/30/2002	1	2:10	1	2:10
07/02/2002	1	1:35	1	1:35

Academic Skills

50

87:33

50

87:33

Visit Totals by Hour by Date

10/17/2003 11:17 am

Filter Name: All Records Selected - No Filtering for this Report

	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	5PM	7PM	8PM	9PM	Total
06/03/2002	0	0	0	3	1	2	3	0	0	0	0	0	0	0	9
06/04/2002	0	0	1	0	2	0	5	0	0	0	0	0	0	1	9
06/05/2002	0	0	0	0	1	2	4	0	0	0	0	0	0	0	7
06/06/2002	0	0	0	2	3	0	2	0	0	0	0	0	0	0	7
06/11/2002	0	0	1	1	0	1	6	1	0	1	0	0	0	0	11
06/13/2002	0	0	0	1	1	0	0	0	0	0	0	0	0	0	2
06/14/2002	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1
06/18/2002	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1
06/28/2002	0	0	0	0	0	1	0	0	0	0	0	0	0	0	1
06/30/2002	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1
07/02/2002	0	0	0	0	0	1	0	0	0	0	0	0	0	0	1
08/27/2002	0	0	0	0	0	1	0	0	0	0	0	0	0	0	1
09/04/2002	2	11	7	17	6	0	0	0	0	0	0	0	0	0	43
09/05/2002	1	4	3	2	4	0	0	0	0	1	0	1	0	0	16
09/06/2002	2	5	8	11	3	3	4	0	0	0	0	0	0	0	36
09/07/2002	5	8	1	2	1	1	0	0	0	0	1	1	0	0	20
09/08/2002	3	9	0	0	3	0	0	0	0	0	0	1	2	0	18
09/09/2002	1	3	1	0	6	0	0	0	0	0	0	1	0	0	12
09/10/2002	0	2	0	0	0	0	0	0	0	0	0	0	0	0	2
11/10/2002	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5
Total	14	42	28	40	31	12	24	1	1	2	1	4	2	1	203

Visit Totals by Participant - Full ID

10/17/2003

11:22 am

Name	ID	---Awarded---		---Actual---		Last Log In	
		Visits	Time	Visits	Time	Date	Log In
Connors, Debbie	987-98-7987	13	17:13	13	17:13	10/17/2003	10:50 am
Creest, Preston	666-77-7111	8	8:52	8	8:52	09/08/2002	7:50 am
Davis, Angela	345-34-5345	12	13:12	12	13:12	09/09/2002	11:30 am
Edwards, Frank	543-54-3543	9	9:36	9	9:36	09/08/2002	9:15 pm
Franklin, Joe	989-98-9898	9	11:25	9	11:25	09/09/2002	10:50 am
Frederick, Tony	123-41-2341	10	9:49	10	9:49	11/10/2002	9:17 pm
Gunderson, Olaf	123-45-6789	13	19:33	13	19:33	09/08/2002	8:15 am
Hammer, Anita	788-17-2718	11	15:00	11	15:00	09/08/2002	8:20 am
Hannah, Miriam	234-56-7890	16	22:13	16	22:13	09/09/2002	8:20 am
Ivnik, Ted	999-88-8777	11	15:00	11	15:00	09/09/2002	9:00 am
Jackson, Anne	222-22-2222	11	15:18	11	15:18	10/17/2003	10:49 am
Jackson, Edward	789-78-9789	9	11:40	9	11:40	09/10/2002	8:20 am
Jansen, David	777-77-7777	9	12:37	9	12:37	09/09/2002	7:15 am
Johnson, Martin	234-23-4234	10	12:35	10	12:35	09/09/2002	10:50 am
Killian, Red	988-98-8988	8	7:53	8	7:53	09/09/2002	11:05 am
Linden, MaryAnn	555-55-5555	5	6:46	5	6:46	10/17/2003	10:50 am
Miller, Steve	888-88-8888	0	0:00	0	0:00		
Murphy, Jillian	333-33-3333	6	6:52	6	6:52	11/10/2002	8:45 am
Neicine, Alice	777-88-8999	2	3:13	2	3:13	09/06/2002	11:58 am
O'Neil, Sean	123-12-3123	3	3:45	3	3:45	10/17/2003	10:49 am
Peace, Warren	222-88-8777	2	3:13	2	3:13	09/06/2002	11:58 am
Peterson, Annie	555-66-6777	2	3:12	2	3:12	09/06/2002	11:58 am
Quinlan, Al	666-77-7888	2	3:12	2	3:12	09/06/2002	11:58 am
Roberts, Roberta	987-76-5654	2	3:12	2	3:12	09/06/2002	12:57 pm
Smith, Allen	111-11-1111	7	10:57	7	10:57	10/17/2003	10:49 am
Stevens, Paula	987-12-3321	2	2:19	2	2:19	09/06/2002	12:58 pm
Stevens, Ted	666-66-6666	2	2:19	2	2:19	09/06/2002	12:58 pm
Thomas, Rita	898-99-8989	1	1:20	1	1:20	09/06/2002	12:58 pm
Ustinov, Dan	789-45-7776	2	2:18	2	2:18	09/06/2002	12:58 pm
Victor, Bob	789-98-7789	2	2:17	2	2:17	09/06/2002	12:58 pm
Williams, Patti	987-65-4234	2	2:18	2	2:18	09/06/2002	12:58 pm
Yancy, Richard	787-99-8765	2	2:17	2	2:17	09/06/2002	12:58 pm

Visit Totals by Participant by Course

10/17/2003 11:23 am

ID	Name	Term	Course	Section	--Awarded--		--Actual --	
					Visits	Time	Visits	Time
987-98-7987	Connors, Debbie	Fall 2002	Eng 101	001	0	0:00	0	0:00
		Fall 2002	Math 090	001	0	0:00	0	0:00
		Fall 2002	Math 100	001	2	1:40	2	1:40
		Fall 2002	HPR 101	010	6	7:10	6	7:10
666-77-7111	Creest, Preston	Fall 2002	ESL 100	001	2	2:22	2	2:22
		Fall 2002	Math 100	001	0	0:00	0	0:00
		Fall 2002	HPR 101	010	6	6:30	6	6:30
345-34-5345	Davis, Angela	Fall 2002	Math 090	001	1	0:35	1	0:35
		Fall 2002	Eng 101	001	2	2:27	2	2:27
		Fall 2002	HPR 101	010	6	7:25	6	7:25
543-54-3543	Edwards, Frank	Fall 2002	Eng 101	001	2	2:26	2	2:26
		Fall 2002	Math 090	001	1	0:40	1	0:40
		Fall 2002	Math 100	001	0	0:00	0	0:00
		Fall 2002	HPR 101	010	6	6:30	6	6:30
989-98-9898	Franklin, Joe	Fall 2002	ESL 100	001	2	2:45	2	2:45
		Fall 2002	Math 100	001	0	0:00	0	0:00
		Fall 2002	HPR 101	010	6	7:40	6	7:40
123-41-2341	Frederick, Tony	Fall 2002	Math 090	001	0	0:00	0	0:00
		Fall 2002	Eng 101	001	1	0:10	1	0:10
		Fall 2002	ESL 100	001	2	1:19	2	1:19
		Fall 2002	Math 100	001	1	1:15	1	1:15
		Fall 2002	HPR 101	020	6	7:05	6	7:05
123-45-6789	Gunderson, Olaf	Fall 2002	ESL 100	001	2	2:33	2	2:33
		Fall 2002	HPR 101	020	6	7:20	6	7:20
788-17-2718	Hammer, Anita	Fall 2002	Math 090	001	1	1:20	1	1:20
		Fall 2002	HPR 101	020	6	7:10	6	7:10
234-56-7890	Hannah, Miriam	Fall 2002	ESL 100	001	2	2:33	2	2:33
		Fall 2002	Math 100	001	1	1:15	1	1:15
		Fall 2002	HPR 101	020	6	7:00	6	7:00
999-88-8777	Ivnik, Ted	Fall 2002	Math 100	001	1	1:10	1	1:10
		Fall 2002	HPR 101	020	6	6:50	6	6:50
222-22-2222	Jackson, Anne	Fall 2002	Eng 101	001	2	2:18	2	2:18
		Fall 2002	Math 100	001	0	0:00	0	0:00
		Fall 2002	HPR 102	010	6	7:40	6	7:40
789-78-9789	Jackson, Edward	Fall 2002	Math 100	001	0	0:00	0	0:00
		Fall 2002	HPR 102	010	6	6:10	6	6:10
777-77-7777	Jansen, David	Fall 2002	Math 090	001	0	0:00	0	0:00
		Fall 2002	Math 100	001	0	0:00	0	0:00
		Fall 2002	HPR 102	010	6	6:22	6	6:22
234-23-4234	Johnson, Martin	Fall 2002	HPR 102	010	6	4:25	6	4:25
988-98-8988	Killian, Red	Fall 2002	Math 090	001	0	0:00	0	0:00
		Fall 2002	Eng 101	001	2	2:16	2	2:16
		Fall 2002	Math 100	001	0	0:00	0	0:00
		Fall 2002	HPR 102	010	6	5:37	6	5:37
555-55-5555	Linden, MaryAnn	Fall 2002	Eng 101	001	3	3:16	3	3:16
		Fall 2002	Math 100	001	0	0:00	0	0:00
888-88-8888	Miller, Steve	Fall 2002	Math 100	001	0	0:00	0	0:00
333-33-3333	Murphy, Jillian	Fall 2002	Math 100	001	1	0:10	1	0:10
		Fall 2002	Eng 101	001	3	2:12	3	2:12
777-88-8999	Neicine, Alice	Fall 2002	Eng 101	001	2	3:13	2	3:13
		Fall 2002	Math 100	001	0	0:00	0	0:00
123-12-3123	O'Neil, Sean	Fall 2002	Eng 101	001	3	3:45	3	3:45
		Fall 2002	Math 100	001	0	0:00	0	0:00
222-88-8777	Peace, Warren	Fall 2002	Math 100	001	0	0:00	0	0:00
		Fall 2002	Eng 101	001	2	3:13	2	3:13
555-66-6777	Peterson, Annie	Fall 2002	Eng 101	001	2	3:12	2	3:12
		Fall 2002	Math 100	001	0	0:00	0	0:00

Visits with Missing Log Outs - All Participants

10/17/2003 11:24 am

Connors, Debbie 987-98-7987

Date	Log In	Log Out	Time	Course	Section	Log In At	Log Out At
10/17/2003	10:50 am			Eng 101	001	DELL01	

1Visit(s) with missing log outs

Frederick, Tony 123-41-2341

Date	Log In	Log Out	Time	Course	Section	Log In At	Log Out At
09/04/2002	8:56 am	9:06 am	0:10	ESL 100	001	PAVILION	PAVILION
11/10/2002	8:44 am	8:54 am	0:10	Eng 101	001	DELL01	DELL01
11/10/2002	9:17 pm			ESL 100	001	DELL01	

3Visit(s) with missing log outs

Jackson, Anne 222-22-2222

Date	Log In	Log Out	Time	Course	Section	Log In At	Log Out At
10/17/2003	10:49 am			Eng 101	001	DELL01	

1Visit(s) with missing log outs

Linden, MaryAnn 555-55-5555

Date	Log In	Log Out	Time	Course	Section	Log In At	Log Out At
11/10/2002	8:45 am	8:46 am	0:01	Eng 101	001	DELL01	DELL01
10/17/2003	10:50 am			Eng 101	001	DELL01	

2Visit(s) with missing log outs

Murphy, Jillian 333-33-3333

Date	Log In	Log Out	Time	Course	Section	Log In At	Log Out At
09/04/2002	8:58 am	9:08 am	0:10	Eng 101	001	PAVILION	PAVILION
11/10/2002	8:40 am	8:50 am	0:10	Eng 101	001	DELL01	DELL01
11/10/2002	8:45 am	8:46 am	0:01	Eng 101	001	DELL01	DELL01

3Visit(s) with missing log outs

O'Neil, Sean 123-12-3123

Date	Log In	Log Out	Time	Course	Section	Log In At	Log Out At
09/04/2002	10:13 am	10:23 am	0:10	Eng 101	001	PAVILION	PAVILION
10/17/2003	10:49 am			Eng 101	001	DELL01	

2Visit(s) with missing log outs

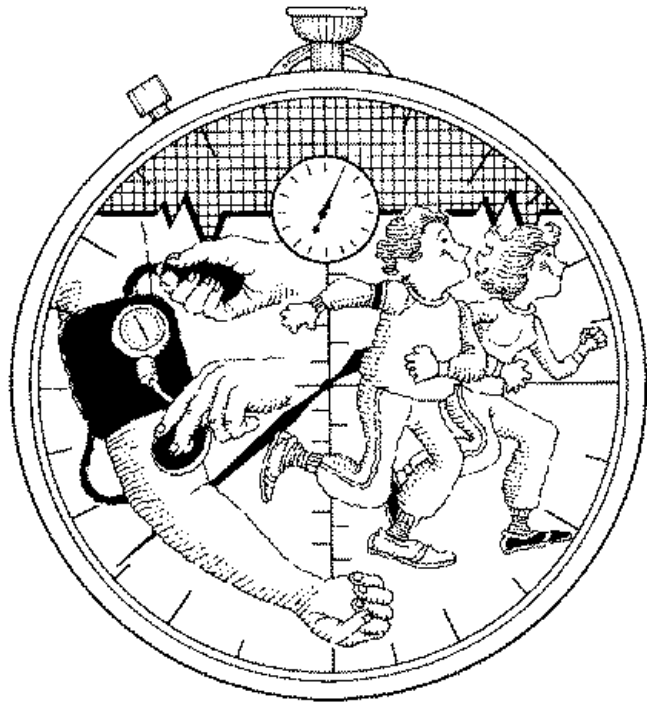
Murphy, Jillian				333-33-3333			
Date	Log In	Log Out	Time	Course	Section	Log In At	Log Out At
09/04/2002	8:58 am	9:08 am	10:00	Eng 101	001	PAVILION	PAVILION
11/10/2002	8:40 am	8:50 am	10:00	Eng 101	001	DELL01	DELL01
11/10/2002	8:45 am	8:46 am	1:00	Eng 101	001	DELL01	DELL01

3 Visit(s) with missing log out

Jillian Murphy
891 W. Howe
Symerton, IL 60234

CenterFit[®]

Sample Fitness Reports



Red Canyon Systems

— LogIn — FICIS — CenterFit —

Membership Codes Master List

11/14/2002 1:16 pm

Membership Code	Membership Description	Membership Length		
		Years	Months	Days
Ann	Annual	1		
Sem	Semi-Annual		6	
Mnt	Monthly		1	

Participant Membership Types and Expiration Dates

11/14/2002

1:17 pm

ID	Name	Membership Type	Last Renewal Date	Expiration Date
987-98-7987	Connors, Debbie	Annual	08/08/2002	08/08/2003
666-77-7111	Creest, Preston			
345-34-5345	Davis, Angela	Semi-Annual	08/26/2002	12/13/2002
543-54-3543	Edwards, Frank			
989-98-9898	Franklin, Joe			
123-41-2341	Frederick, Tony			
123-45-6789	Gunderson, Olaf			
788-17-2718	Hammer, Anita			
234-56-7890	Hannah, Miriam			
346-34-6346	Houston, Betty			
999-88-8777	Ivnik, Ted			
222-22-2222	Jackson, Anne			
789-78-9789	Jackson, Edward			
777-77-7777	Jansen, David			
234-23-4234	Johnson, Martin			
988-98-8988	Killian, Red			
555-55-5555	Linden, MaryAnn			
888-88-8888	Miller, Steve			
333-33-3333	Murphy, Jillian			
777-88-8999	Neicine, Alice			
123-12-3123	O'Neil, Sean			
222-88-8777	Peace, Warren			
555-66-6777	Peterson, Annie			
666-77-7888	Quinlan, Al			
987-76-5654	Roberts, Roberta			
111-11-1111	Smith, Allen			
987-12-3321	Stevens, Paula			
666-66-6666	Stevens, Ted			
898-99-8989	Thomas, Rita			
789-45-7776	Ustinov, Dan			
789-98-7789	Victor, Bob			
987-65-4234	Williams, Patti			
787-99-8765	Yancy, Richard			

Total Number of Participants: 33

Aerobic Activities Master List

11/14/2002 1:18 pm

Aerobic Activity	Maximum Minutes	Distance Required	Maximum Distance	Calories Burned per lb. per minute
Aerobic Dance	120	n/a		0.05
Basketball	240	n/a		0.04
Calisthenics	180	n/a		0.04
CrossCountry Skiing	300	No	50 Miles	0.08
Downhill Skiing	420	No	25 Miles	0.07
Fencing	180	n/a		0.04
Football	300	n/a		0.04
Golf	480	Yes	72 Holes	0.03
Handball	360	n/a		0.07
Hockey	300	n/a		0.05
Indoor Cycling	300	Yes	100 Miles	0.05
Jogging	720	Yes	50 Miles	0.08
Jumping Rope	120	Yes	120 Skips/Min.	0.08
Lacrosse	180	n/a		0.06
MiniTrampoline	120	n/a		0.02
Outdoor Cycling	480	Yes	100 Miles	0.02
Raquetball	240	n/a		0.07
Rowing	300	No	17,000 Yards	0.08
Running	360	Yes	28 Miles	0.11
Running in Place	720	Yes	100 Steps/Min.	0.11
Skating - Ice/Roller	300	No	40 Miles	0.04
Soccer	240	n/a		0.06
Squash	300	n/a		0.08
Stair Climbing	120	Yes	14 Trips/Min.	0.11
Swimming	180	Yes	8,000 Yards	0.06
Tennis - Doubles	180	n/a		0.05
Tennis - Singles	180	n/a		0.05
Treadmill	180	Yes	25 Miles	0.11
Volleyball	240	n/a		0.04
Walking	240	Yes	25 Miles	0.04
Wrestling	180	n/a		0.04

Dear Angela Davis,

Red Canyon Systems, Inc. Demo Version

Below are the results of your fitness tests. Your scores have been compared to national norms for your age and sex. Your percentile ranking, indicating the percentage of people whose scores you exceed, is indicated by the bar chart. Improve your fitness by working toward the goals listed. For those areas where you scored low, consult the fitness center staff for assistance.

When exercising for cardiovascular improvement, your heart rate should be within your target heart zone for 30 - 40 minutes, 3 times per week. Your target heart zone is listed below. Exceeding the maximum heart rate could be dangerous. Be sure to frequently monitor your heart rate during workouts.

To improve your overall cardiovascular system, strength and flexibility, an Aerobic Super Circuit program has been designed specifically for you. Be sure you have been given one by the center prior to working out. It has been individualized for you, based on your capabilities. For other areas needing improvement, consult the fitness center staff for assistance.

Good luck on your road to fitness and ask us for help at any time.

Test Items from	11/05/02	Result	Assessment	Percentile											Goal
				10	20	30	40	50	60	70	80	90	100		
Weight (lb)		127.00													
Body Fat - Impdnc		17.00													
Bodv Mass Index		21.18													
Resting Pulse		70.00													
BP - Systolic		120.00	Low												
BP - Diastolic		85.00	Low												
Step Test - 1 Count		99.00	Excellent												94.05
Hip Flx/Sit & Reach (In.)		21.00	Good												23.10
Bench Press		90.00	Excellent												94.50
Leg Press (Seated)		210.00	Excellent												220.50
Leg Curl (Seated)		80.00	Very Poor												100.00

Ideal Body Fat % Range is 5 to 15 Ideal Weight Range is 111 to 124 Current Lean Weight is 105 Current Fat Weight is 22

Angela Davis,
989 W. Ash
Elwood, IL 60345

Dear Angela Davis,

Red Canyon Systems, Inc. Demo Version

Below are the results of your fitness tests. Your scores have been compared to national norms for your age and sex. Your percentile ranking, indicating the percentage of people whose scores you exceed, is indicated by the bar chart. Improve your fitness by working toward the goals listed. For those areas where you scored low, consult the fitness center staff for assistance.

When exercising for cardiovascular improvement, your heart rate should be within your target heart zone for 30 - 40 minutes, 3 times per week. Your target heart zone is listed below. Exceeding the maximum heart rate could be dangerous. Be sure to frequently monitor your heart rate during workouts.

To improve your overall cardiovascular system, strength and flexibility, an Aerobic Super Circuit program has been designed specifically for you. Be sure you have been given one by the center prior to working out. It has been individualized for you, based on your capabilities. For other areas needing improvement, consult the fitness center staff for assistance.

Good luck on your road to fitness and ask us for help at any time.

Test Items from	11/05/02	Result	Assessment	Percentile										Goal
				10	20	30	40	50	60	70	80	90	100	
Weight (lb)		127.00												
Body Fat - Impdnc		17.00												
Body Mass Index		21.18												
Resting Pulse		70.00												
BP - Systolic		120.00	Low											
BP - Diastolic		85.00	Low											
Step Test - 1 Count		99.00	Excellent											94.05
Hip Flx/Sit & Reach (In.)		21.00	Good											23.10
Bench Press		90.00	Excellent											94.50
Leg Press (Seated)		210.00	Excellent											220.50
Leg Curl (Seated)		80.00	Very Poor											100.00

Ideal Body Fat % Range is 5 to 15 Ideal Weight Range is 111 to 124 Current Lean Weight is 105 Current Fat Weight is 22

Angela Davis

Beginning Super Circuit

Station	Exercise	Weight	Reps	Station	Exercise	Weight	Reps
01	Abdominal Crunch	10	12	02	Bench Press	40	12
03	Leg Press (Seated)	80	12	04	Hip Extension	30	12
05	Bicep Curl	20	12	06	Chest Press (Seated)	40	12
07	Leg Curl (Seated)	30	12	08	Pec Deck	30	12
09	Lat Pulldown	40	12	10	Back Extension	40	12

Your target heart zone 113 to 150 bpm

Begin with 1 circuit 3 times a week

Work up to 3 circuits 3 times a week

Ask a staff member for a new program

when you can easily do 15 reps per set

Red Canyon Systems, Inc. (c) 1999

Angela Davis,
989 W. Ash
Elwood, IL 60345

Fitness Test Comparison - Group

11/14/2002 01:26PM

Anatomical

Height (In.)

---From Prior Test---				
Test #	Average Score	Real Change	% Change	# Tested
1	65.47			15
2	71.21	5.75	8.78	14

Hips - Circ (In.)

---From Prior Test---				
Test #	Average Score	Real Change	% Change	# Tested
1	38.36	0.00	0.00	14
2	37.71	-0.64	-1.68	14

Waist (In.)

---From Prior Test---				
Test #	Average Score	Real Change	% Change	# Tested
1	35.07	0.00	0.00	14
2	34.57	-0.50	-1.43	14

Body Composition

Body Fat - Impdnc

---From Prior Test---				
Test #	Average Score	Real Change	% Change	# Tested
1	18.43	0.00	0.00	14
2	17.32	-1.11	-6.01	14

Weight (lb)

---From Prior Test---				
Test #	Average Score	Real Change	% Change	# Tested
1	185.00	0.00	0.00	14
2	172.86	-12.14	-6.56	14

Cardiovascular

BP - Diastolic

---From Prior Test---				
Test #	Average Score	Real Change	% Change	# Tested
1	84.07	0.00	0.00	15
2	84.71	0.65	0.77	14

BP - Systolic

---From Prior Test---				
Test #	Average Score	Real Change	% Change	# Tested
1	126.27	41.55	49.05	15
2	121.71	-4.55	-3.61	14

Fitness Test Comparison - Group

11/14/2002 01:26PM

Cardiovascular

Resting Pulse

Test #	Average Score	---From Prior Test---		# Tested
		Real Change	% Change	
1	75.33	0.00	0.00	15
2	75.14	-0.19	-0.25	14

Step Test - 1 Count

Test #	Average Score	---From Prior Test---		# Tested
		Real Change	% Change	
1	117.71	0.00	0.00	14
2	106.57	-11.14	-9.47	14

Flexibility

Hip Flx/Sit & Reach (In.)

Test #	Average Score	---From Prior Test---		# Tested
		Real Change	% Change	
1	17.60	0.00	0.00	15
2	20.25	2.65	15.06	14

Muscular Strength

Abdominal Crunch

Test #	Average Score	---From Prior Test---		# Tested
		Real Change	% Change	
1	55.36	0.00	0.00	14
2	61.07	5.71	10.32	14

Back Extension

Test #	Average Score	---From Prior Test---		# Tested
		Real Change	% Change	
1	99.64	0.00	0.00	14
2	110.36	10.71	10.75	14

Bench Press

Test #	Average Score	---From Prior Test---		# Tested
		Real Change	% Change	
1	135.71	0.00	0.00	14
2	144.64	8.93	6.58	14

Bicep Curl

Test #	Average Score	---From Prior Test---		# Tested
		Real Change	% Change	
1	80.71	0.00	0.00	14
2	85.71	5.00	6.19	14

Fitness Test Comparison - Individual

11/14/2002 01:22PM

Jackson, Anne 222-22-2222

Anatomical

		Score	---From Prior Test---	
			Real Change	% Change
Height (In.)	09/06/2002	65.00		
	11/07/2002	65.00		
Hips - Circ (In.)	09/06/2002	37.00		
	11/07/2002	35.00	-2.00	-5.41
Waist (In.)	09/06/2002	28.00		
	11/07/2002	30.00	2.00	7.14

Body Composition

		Score	---From Prior Test---	
			Real Change	% Change
Body Fat - Impdnc	09/06/2002	16.00		
	11/07/2002	14.00	-2.00	-12.50
Weight (lb)	09/06/2002	130.00		
	11/07/2002	140.00	10.00	7.69

Cardiovascular

		Score	---From Prior Test---	
			Real Change	% Change
BP - Diastolic	09/06/2002	87.00		
	11/07/2002	78.00	-9.00	-10.34
BP - Systolic	09/06/2002	125.00		
	11/07/2002	120.00	-5.00	-4.00
Resting Pulse	09/06/2002	82.00		
	11/07/2002	75.00	-7.00	-8.54
Step Test - 1 Count	09/06/2002	130.00		
	11/07/2002	105.00	-25.00	-19.23

Flexibility

		Score	---From Prior Test---	
			Real Change	% Change
Hip Flx/Sit & Reach (In.)	09/06/2002	16.00		
	11/07/2002	23.00	7.00	43.75

Muscular Strength

		Score	---From Prior Test---	
			Real Change	% Change
Abdominal Crunch	09/06/2002	30.00		
	11/07/2002	50.00	20.00	66.67
Back Extension	09/06/2002	70.00		
	11/07/2002	70.00		
Bench Press	09/06/2002	70.00		
	11/07/2002	90.00	20.00	28.57
Bicep Curl	09/06/2002	50.00		
	11/07/2002	60.00	10.00	20.00
Chest Press (Seated)	09/06/2002	70.00		
	11/07/2002	100.00	30.00	42.86

Fitness Test Date - Participants' Last Test Date

11/14/2002 01:26PM

Name	ID	Last Test
Connors, Debbie	987-98-7987	10/25/2002
Creest, Preston	666-77-7111	09/05/2002
Davis, Angela	345-34-5345	11/05/2002
Edwards, Frank	543-54-3543	11/10/2002
Franklin, Joe	989-98-9898	11/06/2002
Frederick, Tony	123-41-2341	11/07/2002
Gunderson, Olaf	123-45-6789	11/08/2002
Hammer, Anita	788-17-2718	11/08/2002
Hannah, Miriam	234-56-7890	11/06/2002
Ivnik, Ted	999-88-8777	11/08/2002
Jackson, Anne	222-22-2222	11/07/2002
Jackson, Edward	789-78-9789	11/10/2002
Jansen, David	777-77-7777	11/10/2002
Killian, Red	988-98-8988	11/10/2002
Linden, MaryAnn	555-55-5555	09/09/2009

Total Number Tested: 15

Anatomical

Abdomen (In.)
Bicep - D (In.)
Calf - D (In.)
Calf - L (In.)
Calf - R (In.)
Chest (In.)
Chest (In.)
Forearm - D (In.)
Forearm - L (In.)
Forearm - R (In.)
Height (In.)
Hips - Circ (In.)
Neck (In.)
Thigh - D (In.)
Thigh - L (In.)
Thigh - R (In.)
Waist (In.)

Body Composition

Body Fat
Body Fat - Impdnc
Skin Fold/3 Site #1
Skin Fold/3 Site #2
Skin Fold/3 Site #3
Weight (lb)

Cardiovascular

1 Mile Run (Min.)
12 Min. Run (Miles)
BP - Diastolic
BP - Systolic
Max VO2 (Monark)
Resting Pulse
Rockport Test Pulse
Rockport Test Time
Shuttle Run
Step Test - 1 Count
Step Test/3 Count at 15 Sec.
Step Test/3 Count at 60 Sec.
Step Test/3 Count at 120 Sec.
Work Capacity (Monark)

Flexibility

Hip Flx/Sit & Reach (In.)
Shoulder Flex-1 (D) (In.)
Shoulder Flex-1 (L) (In.)
Shoulder Flex-1 (R) (In.)
V-Sit & Reach

Muscular Endurance

Chin Ups
Curl Ups/Minute
Flexed Arm Hang
Partial Curl/Ups Min
Pull Ups/Min.

Fitness Test Items and Measurements

1 Mile Run (Min.)
12 Min. Run (Miles)
Abdomen (In.)
Abdominal Crunch
Abdominal Curl
Assist Dip/Chin
BP - Diastolic
BP - Systolic
Back Extension
Bench Press
Bench Press (Incline)
Bicep - D (In.)
Bicep Curl
Body Fat
Body Fat - Impdnc
Calf - D (In.)
Calf - L (In.)
Calf - R (In.)
Chest (In.)
Chest (In.)
Chest Press (Seated)
Chin Up/Dip Assist
Chin Ups
Curl Ups/Minute
Dip
Flexed Arm Hang
Forearm - D (In.)
Forearm - L (In.)
Forearm - R (In.)
Glute Trainer
Grip
Height (In.)
HiLow Pulley
Hip Abduction
Hip Adduction
Hip Extension
Hip Flexion
Hip Flx/Sit & Reach (In.)
Hips - Circ (In.)
Lat Pulldown
Lateral Raise
Leg Curl (Prone)
Leg Curl (Seated)
Leg Curl (Standing)
Leg Extension
Leg Press (Seated)
Leg Press (Standing)
Leg Squat
Leg Squat (Prone)
Lever Arm Curl (Seated)
LeverArm Curl (Standing)
Low Row
Max VO2 (Monark)
Neck (In.)
Partial Curl/Ups Min
Pec Deck
Preacher Curl
Pull Ups/Min.
Pullover

Anatomical

Height (In.)
Hips - Circ (In.)
Waist (In.)

Body Composition

Body Fat - Impdnc
Weight (lb)

Cardiovascular

BP - Diastolic
BP - Systolic
Resting Pulse
Step Test - 1 Count

Flexibility

Hip Flx/Sit & Reach (In.)

Muscular Strength

Abdominal Crunch	01	FrW
Back Extension	10	Cybx
Bench Press	02	Cybx
Bicep Curl	05	Cybx
Chest Press (Seated)	06	Cybx
Hip Extension	04	Cybx
Lat Pulldown	09	Cybx
Leg Curl (Seated)	07	Cybx
Leg Press (Seated)	03	Cybx
Pec Deck	08	Cybx

Test Item	Available Norm Tables
-----------	-----------------------

1 Mile Run (Min.)

Mile Run - Pres Council
Rockport Walking Test

2 Min Step (Steps)

2 Minute Step (Seniors)

6 Min Step (Yards)

6 min.Step (Seniors)

8 Ft. Up & Go (Sec)

8 Ft Up and Go (Seniors)

Arm Curl (Reps - Snr.)

Arm Curl Reps (Seniors)

Back Scratch (In.)

Back Scratch (In.)

Bench Press

Bench Press - Cybex
Bench Press - Paramount
Bench Press - Universal

Chair Sit/Reach (In.)

Chair Sit & Reach (Seniors)

Chair Stand (Reps.)

Chair Stand

Curl Ups/Minute

Curl Ups - Standard
Curl Ups - Pres Council

Flexed-Arm Hang

Flexed-Arm Hang - Pres Council

Hip Flx/Sit & Reach (In.)

Sit & Reach Flexibility-Cooper
Sit & Reach - Pres Council
Sit & Reach - YMCA

Leg Curl

Leg Curl - Oakton

Leg Press (Seated)

Leg Press - Universal
Leg Press Paramount
Leg Press - Cybex

Participants with Risks by Participant

11/14/2002

01:50PM

Connors, Debbie **987-98-7987**
10/25/02
Bone/joint problems
Joint/muscular problems

Creest, Preston **666-77-7111**
09/05/02
Back problems
Joint/muscular problems

Davis, Angela **345-34-5345**
11/05/02
Bone/joint problems

Franklin, Joe **989-98-9898**
11/06/02
Bone/joint problems
Joint/muscular problems
Stress Factor

Hammer, Anita **788-17-2718**
11/08/02
Bone/joint problems
Stress Factor

Ivnik, Ted **999-88-8777**
11/08/02
Back problems
Joint/muscular problems

Jackson, Anne **222-22-2222**
11/07/02
Back problems
Bone/joint problems

Participants with Risks by Risk Item

11/14/2002

01:49PM

Back problems

Participant	Test Date	ID
Creest, Preston	09/05/2002	666-77-7111
Ivnik, Ted	11/08/2002	999-88-8777
Jackson, Anne	11/07/2002	222-22-2222

Total Count: 3

Bone/joint problems

Participant	Test Date	ID
Connors, Debbie	10/25/2002	987-98-7987
Davis, Angela	11/05/2002	345-34-5345
Franklin, Joe	11/06/2002	989-98-9898
Hammer, Anita	11/08/2002	788-17-2718
Jackson, Anne	11/07/2002	222-22-2222

Total Count: 5

Joint/muscular problems

Participant	Test Date	ID
Connors, Debbie	10/25/2002	987-98-7987
Creest, Preston	09/05/2002	666-77-7111
Franklin, Joe	11/06/2002	989-98-9898
Ivnik, Ted	11/08/2002	999-88-8777

Total Count: 4

Stress Factor

Participant	Test Date	ID
Franklin, Joe	11/06/2002	989-98-9898
Hammer, Anita	11/08/2002	788-17-2718

Total Count: 2

Risks

CV problems
Chest pains any time
Dizzy spells, shortness of breath
Bone/joint problems
Other reason-no exercise
Heart attack/stroke - you
Heart attack/stroke-family
Diabetes, anemia
Joint/muscular problems
Pregnant
Recent heart surgery
Under medication
Avg. alcohol drinks/day
Smoking 0 - 9
Activity Level 1-5
Epilepsy, asthma, seizures
Dr. diagnosed heart problem
Ever Rx for heart problem
Chest pain in last month
Chest pain from activity
Ever had high BP
Rarely exercise
Back problems
Dr. says no exercise
Asthma/any resp. disease
High cholesterol
Abnormal resting ECG
Anemic
Stress Factor

Station	Exercise	Weight	Reps	Station	Exercise	Weight	Reps
01	Abdominal Crunch	10	12	02	Bench Press	40	12
03	Leg Press (Seated)	80	12	04	Hip Extension	30	12
05	Bicep Curl	20	12	06	Chest Press (Seated)	40	12
07	Leg Curl (Seated)	30	12	08	Pec Deck	30	12
09	Lat Pulldown	40	12	10	Back Extension	40	12

Your target heart zone is 113 to 150 bpm

Beginwith 1 circuit 3 times a week
Work up to 3 circuits 3 times a week

Ask a staff member for a new program
when you can easily do 15 reps per set

Beginning Super Circuit

Exercise	Max Lift %	Reps
Abdominal Crunch	40	12
Bench Press	40	12
Leg Press (Seated)	40	12
Hip Extension	40	12
Bicep Curl	40	12
Chest Press (Seated)	40	12
Leg Curl (Seated)	40	12
Pec Deck	40	12
Lat Pulldown	40	12
Back Extension	40	12

Begin with 1 circuit 3 times a week.

Work up to 3 circuits 3 times a week.

Ask a staff member for a new program
when you can easily do 15 reps per set.

Workout Program Names

Advanced Super Circuit

Beginning Super Circuit

Intermediate Super Circuit

Lower Body Strength Program

Upper Body Strength Program